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## DIRECTOR'S NOTE

It is finally 2021 and I could not be more pleased to leave the events of 2020 behind us. Each of us have a story to tell about the trials and tribulations we faced during the past year, but we also have triumphs. I would like to take this moment to focus on the triumphs.

At Central Mass Grown in a normal year March, April and May are dedicated to developing workshops, our annual Farm & Food Guide, promotional materials and our annual meeting. But 2020 was not a normal year. We focused our efforts on raising awareness about where consumers could access local food, which restaurants were offering to-go options, helping farms open their stands early to feed their communities, helping farmers market managers develop safety protocols to operate a safe and successful market season and raising awareness of the funding programs developed to assist the local food system to survive the tumult. Needless to say it was a major shift for us, and one we are proud to have filled the role for. If we cannot be there for the local food system in hard times, then what good are we really? Looking back I can say we helped, and I am proud of that. But that pride is nothing compared to the admiration and respect I have for the farmers who put in the hard work, the restaurants who implemented change after change to survive the storm, the market managers who put in extra hours in their volunteer roles to ensure a safe experience for vendors and customers alike and the retailers and wholesalers who did everything in their power to increase food accessibility in a time of great insecurity. They are the champions of 2020.

From me to each and every one of you, simply and sincerely, thank you.

A handwritten signature in black ink, appearing to read 'Mackenzie May'.

**MACKENZIE MAY**

Executive Director  
Central Mass Grown



## ACKNOWLEDGEMENTS

Central Mass Grown would like to thank the Massachusetts Department of Agricultural Resources (MDAR) for supporting the work of CMG and the farming community alike. Your comprehensive programming, funding resources and marketing initiatives prove to uplift the sustainability of the local food system of Massachusetts. A special thank you to Commissioner John Lebeaux and Deputy Commissioner Ashley Randle for successfully leading the department and representing the farming community in state and legislative matters.

Thank you to our legislators who support the local food system through comprehensive legislation and budgetary allocations to strengthen local food producers and nonprofit organizations alike. Special thanks to the Food Systems Caucus, the second largest caucus in the legislature, your dedication to food access, agricultural profitability and environmental sustainability provide a solid backbone for the farmers and retailers of the local food system upon which we better serve the people of the Commonwealth.

CMG is proud to work alongside several organizations across the state to promote the production and purchase of locally grown foods. We are proud to collaborate with each of the Buy Local organizations across the state, the Mass Food System Collaborative, the Regional Environmental Council, Growing Places, our MA Food Policy Council and local Food Policy Councils, the Worcester County Food Bank and many other strong organizations to strengthen the local food system of Massachusetts.



### Special Thanks to...

*The Commissioner of Agriculture John Lebeaux and the entire team at the Massachusetts Department of Agricultural Resources for their support of our farmers and our Buy Local organization.*

*Shayna Stevens, The Family Farmer, for capturing the farmers and food producers featured in this guide. See more of her work at [thefamilyfarmercreative.com](http://thefamilyfarmercreative.com)*

*Nicole Melone for the design and layout of this Guide. See more of her work at [nicolemelone.com](http://nicolemelone.com)*

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**CENTRALMASSGROWN.ORG**





# TRIUMPHS AND CHALLENGES OF LIVESTOCK FARMERS

## HOW A NATIONAL MEAT SHORTAGE DROVE CONSUMERS TO LOCAL FARMERS AND THE LESSONS LEARNED

by Mackenzie May

Livestock farmers of Worcester County saw a significant increase in demand for their meats, eggs and other products in 2020. Many have reportedly increased their production and diversified their business models to meet that demand. According to the 2017 USDA Census we are home to 658 livestock farmers who steward over 30,000 acres in our county.

They raise cattle, sheep, pigs, goats, poultry and more; some even raise other types of intriguing animals like alpacas, guinea hens and even a camel if you know where to visit. The Covid-19 crisis sharply magnified two aspects of our local food system; that we are very fortunate to have so many livestock farmers in our region, and that significant weaknesses exist in the systems which support our livestock industry.

Steve Prouty owns Clover Hill Farm in Hardwick where they sell pastured beef, lamb, pork, poultry, prepared meals, pantry items and produce purchased from other local farmers. In early March of 2020, his freezers were full of meat, thirty days later “I think I may have had one pack of liver left or something”, Prouty says. His farm experienced a 300% increase in sales, largely due to an influx of new customers who were unable to buy meat at the grocery stores. A combination of consumer wariness in shopping at the grocery store and a national meat shortage



PHOTO: KYLE MACKIE

caused consumers across the region to seek out their local farmer. A year later Prouty has maintained those new customers he earned in 2020. He has increased his production in order to meet the increase in demand. When asked why the customers keep coming back Prouty says that the quality of the meat but also the superior customer service and farm experience are what pull in his customers from far reaches of the state.

This move toward increased local purchasing was seen across the industry and the region. The term of the year for farmers was ‘pivot’. They ‘pivoted’ their businesses to accommodate customers, develop new methods to receive orders and modify ways to get their product in the hands of local consumers. Tammy Carter works at Wind Eagle Farm in Westminster. In 2020 they didn’t attend their usual farmers markets, instead they sold all of their meat right from their farm store. They too saw a significant increase

in sales at the onset of Covid-19 but the increased demand waned as the warmer months came on and grocery store shortages became less common. Overall, even without the farmers markets, they experienced a significant increase in their sales. At Lilac Hedge Farm in Holden Ryan McKay and his team developed and launched a home delivery service to bring their meats, eggs and produce from local farms right to the doorstep of their customers. McKay reflects that “we obtained a lot of new customers because of the pandemic, and now our focus is on retaining them”, a sentiment shared by many farmers across the region.

Raising livestock is not as simple as just caring for the animals, after the farmer, slaughterhouses are the most important component to maintaining a sustainable supply of meat. In Massachusetts in order for meat to be sold from producers to consumers it must be processed at a USDA facility. In our state we have three, Adams Farm in Athol, Blood

Farm in Groton and Meatworks in Westport. The demand for appointments at these facilities is so great that farmers like Carter schedule their animals processing date a year in advance.

In late 2020 one of the facilities had an issue and could not process USDA certified products for three months. They cancelled all appointments and notified farmers they could not take their animals. Scrambling to find alternate facilities to process their animals they called the other USDA slaughterhouses in MA and across New England. Many facilities did their best to assist the farming community, but the domino effect from the closure of one facility was significant. Carter recalls that the appointments which she had scheduled a year in advance were getting pushed back 2-3 weeks from the original date, and once the animals had been dropped off it took up to 5 weeks to receive back the final cuts of meat for their farm store. At Wind Eagle Farm, Carter had near empty freezers for up to two weeks at a time. Having to turn away her regular customers who came looking for ground beef and other staple items. The slaughterhouses were inundated, the farmers were short of supply and the consumers could not get the goods they needed. All because 1 facility had to temporarily close.

This event and the subsequent fallout captured the attention of the Department of Agriculture, non-profit organizations, and state legislators, all who listened to the farmers and came to the conclusion, we need a solution to this weakness in our local food system. When asked how we can solve this problem, Prouty stated “We need another (processor) in Southern New England. A market exists for it. The trouble is, who wants that job? I’m sure someone does, and we really do need them.”

One strategy to solve this issue was recently proposed by Senator Anne Gobi of Worcester, Hampden, Hampshire and Middlesex Counties and Representative Natalie Blais of the 1st Franklin District. Each submitted a bill to the Senate and House proposing a partnership of the Department of Public Health (DPH) and USDA where DPH agents would receive training and develop the capacity to operate at MA slaughterhouses in-lieu of USDA agents. The result, if passed, will lessen the necessity for the USDA to be actively involved in MA slaughterhouses and enable more facilities to process beef, pigs, sheep and other livestock for retail sale without compromising the safety of the processing or the finished product. In another effort The Massachusetts Farm Bureau have launched a survey campaign requesting feedback about the current and future needs of livestock farmers. They are working

to better understand the needs of the farming community in order to develop plans to address the issue. McKay is a member of the Worcester County Farm Bureau division and has been very active in raising awareness among farmers and encouraging them to participate in the survey. “I look forward to what comes out of the survey and feasibility studies in the months to come” he says.

The increase in profits and production in 2020 have been excellent developments for the farming community. It is the hope of everyone in the food system that consumers who looked to their local producers in a time of uncertainty will continue to patron their businesses long after the crisis has passed. It is also the hope that through collaboration and planning stakeholders within the local food system can come together to ensure that if one piece of the livestock production process fails, the entire system is not dragged down as well. Perfectly illustrated by the events of 2020, a sustainable food system must operate in both trying and triumphant times.





# THE HEALTHY INCENTIVES PROGRAM

## INCREASING ACCESS TO LOCALLY GROWN FOOD ACROSS MASSACHUSETTS

By Anna Marinescu & Mackenzie May

The Healthy Incentives Program, also known as HIP, provides monthly assistance to SNAP clients when they buy fresh produce at eligible farmers markets, farm stands, mobile markets, and community-supported agriculture (CSA) programs. Since its launch in 2017, HIP has steadily transformed the ways in which people are accessing locally grown, fresh produce. HIP has received much support and demand over the years for its ability to foster sustainable relationships between customers and growers.

The program enables SNAP clients to earn up to \$40-80 dollars each month when buying fresh produce or vegetable plants from eligible local farmers markets, stands, mobile markets or CSAs. The amount each client is able to earn depends on the size of their household, not the amount of SNAP benefits they are allocated by The Department of Transitional Assistance (DTA). Therefore, even if a SNAP client is only eligible for \$10 in SNAP, they still have a minimum of \$40 in HIP available to them to purchase local goods. Additionally, all SNAP clients are able to earn HIP, there are no forms to fill out or calls to make. The funds are already there for them as SNAP clients, they simply need to find a HIP vendor. In 2020 DTA made the process of locating HIP vendors simple through the launch of DTAfinder.com a website accessible by computer or mobile device, a user can easily search



for their local HIP vendors.

How the program works is simple. Each SNAP dollar spent purchasing produce or vegetable plants, earns equitable HIP dollars back to their SNAP account. The funds are available instantly to be used as normal SNAP benefits to purchase meats, eggs, bread and other eligible food items at grocery stores or from other SNAP vendors. In the city of Worcester for example, the Regional Environmental Council (REC) runs several farmers markets and mobile markets. At their Beaver Brook Farmers Market, which takes place on Monday and Friday mornings through the Spring, Summer and Fall, customers shop the various tables selecting their greens, vegetables, fruits and herbs. Customers at the markets express that “40 dollars goes a long way” when buying unprocessed, nutritional foods that would otherwise be too expensive to buy. A HIP customer in Agawam said “(h)aving HIP has not only enhanced my diet and made me feel

better by eating healthier and losing weight, it has also made me... get out of the house and feel good about myself because I was taking the steps to become healthier and I made good friends with the vendors that accept HIP.”

For the farmers, HIP has provided another way to feed their community. Locally grown food is not always affordable to lower income consumers, and while farmers are passionate about serving all members of their communities they too need to make a profit in order to feed their families. HIP has removed this roadblock. Farmers are able to feed their neighbors while earning a fair price for the food they work tirelessly to produce. According to the Mass Food System Collaborative SNAP sales at farm retailers increased by 1250% from 2016 to 2019 thanks to HIP. Also, each dollar spent results in an additional \$2 in local economic impact as farmers contribute to the local economy, spending those dollars

on goods and services. Genvieve Stillman of Stillman’s farm in New Braintree has a shop in the Worcester Public Market right in Kelly Square. A year round operation, they are able to process HIP sales offering a wide variety of fruits and vegetables. Genvieve considers it “personally and professionally satisfying to be able to reach a new clientele and provide fresh fruits and vegetables in food desserts or places where accessibility to such healthy foods was a challenge.”

As HIP continues to grow to meet the demands of the families and farmers it’s assisting, there has been increased support for greater funding and outreach. While most families learned about the program through a letter in the mail, flyers, or family members, more direct outreach through healthcare providers, childcare centers and community events would better educate SNAP clients about the existence of HIP. Increased funding is also necessary to ensure the program operates without interruption. In 2019, HIP began in mid-May and was suspended at the end of February. Historical suspensions of the program’s funding made the program feel unsustainable to both HIP clients and vendors. In 2020 in response to the increased demand for local food and an increase in food insecurity due to Covid-19 the Baker administration and our state legislators secured additional funding for the program totaling \$13.5 million. This allowed the program to run uninterrupted throughout the year and allowed DTA to add 39 new HIP retailers to the program. The additional vendors were selected to fill gaps in HIP accessibility across the state and include more farmers of color. The increase in funding in 2020 proved HIP to be a top priority of legislators, food equity advocates and the agricultural community alike.

HIP is praised for its ability to cultivate more community spaces and provide access to culturally diverse, locally grown nutritional food. Over the years, the program has received much support from our legislators, non-profit organizations and community members. When reflecting on the accomplishments of HIP, Martha Asseffa, former director of the Worcester Food Policy Council, expressed that “ [isn’t it] amazing that people can buy food from farmers who are also struggling and walk out of the market



CUSTOMERS SHOPPING PRODUCE AT THE REC MOBILE MARKET VAN PARKED AT WEBSTER SQUARE TOWERS IN WORCESTER. PHOTO: ASHLEY CARTER

completely free”. Ultimately, the HIP program provides significant investment into the farming community and has become a vital component to creating a healthier, more sustainable Massachusetts.





# THE REAL ORGANIC PROJECT

## SMALL FARMERS BANDING TOGETHER TO FIGHT FOR ORGANIC STANDARDS.

By Luke and Whitney DeCiccio  
of Abundance Family Farm

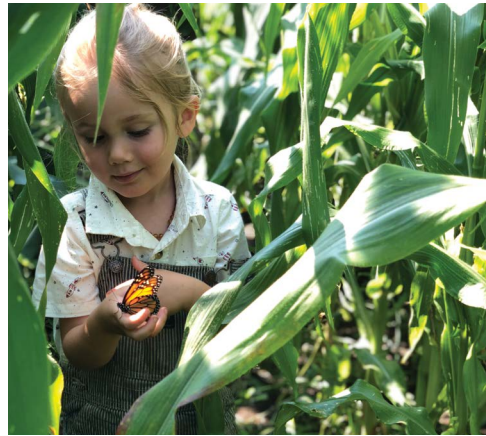
Julie Rawson, the former executive director of Northeast Organic Farming Association (NOFA) Massachusetts, has been on the forefront of the organic movement since the mid-eighties. She has witnessed the evolution of organic food production from a fringe farming practice to big money corporate interests vying for control of the fastest growing segment of the American food economy. For the past twenty years since the USDA has taken control of the national organic program foundational standards that small and organic farmers have held up have been slowly eroding. The straw that broke the camel's back occurred two years ago when the USDA started certifying hydroponic farming. Hydroponic farming is the process of growing fruits and vegetables in soil-less media rather than in actual soil. Nutrients are delivered to the plants through chemical additives in the water system rather than through soil amendments such as compost. This has had disastrous consequences primarily for wholesale organic growers and grass-based dairies. Consumers do not know the details of what defines organic growing, rather they seek out the label and trust in the government certification process that the product they are buying was grown organically. Large companies are able to grow food which meet federal organic standards more cheaply than traditional



environmentally conscious organic farms.

Considering that hydroponic growing practice is soilless many organic producers view it as unable to be organic. The word organic carries with it a deep set of principles and techniques that in practice improve soil over time. These principals can differ greatly from the requirements of the federal certification process. The Real Organic Project is centered around small farms that are spearheading the soil health movement. Many of these innovative farms are pushing the envelope of not only yield per acre, but also how they have simultaneously improved their soil while growing cash crops. They have achieved this with diverse crop plantings, balancing soil minerals, growing cover crops and low-till farming that keeps soil and fungi intact increasing total photosynthesis. All these practices comprise a tool kit that organic growers use to grow nutritious vibrant food.

Many of these practices mimic nature which, according to Julie Rawson, is how we can produce food that is tasty, nutrient dense, and in a manner that regenerates soil. In her view if less time was spent trying to fight



nature our food system as well as our world at large would be improved. Her 40 acres is a diverse jumble of animals, crops, cover crops, trees, and pasture, harmoniously interacting changing and evolving through each season. On an unseasonably warm March afternoon Julie reflected on the evolution of Many Hands Farm. She discussed their transition to no-till and how disturbing the soil less has increased her yield and quality of her crop. Many Hands is a shining example of integrity soil-based food production. Farms like these are rapidly increasing across the American farm landscape and serve as a critical part of Worcester County's food security into the future. They are changing the perceptions about growing food, community, and work. Many Hands is one of few farms in this area that is currently Real Organic certified and has been USDA certified since the mid-eighties. Small farms are special not only in their passion for their craft, but also their ability to continuously adapt while providing high quality safe food.

Our farm Abundance Family Farm in Charlton became Real Organic Certified certified in 2020 in addition to our National Organic Certification.

Since we started farming in 2014, we wanted to grow high quality food while embracing radical transparency as to how it was raised. The Real Organic Project seeks to highlight our commitment to organic soil grown sustenance. We initially became certified organic to help articulate this commitment, but as the USDA label continues to certify gigantic farms some of which do not grow in soil, it has become increasingly important to differentiate ourselves. This label program is free to small farmers, and mainly functions to raise awareness of the difference between soil based small farms and larger industrial operations. These farms are from every corner of the US. Since the beginning of the program they have certified hundreds of farms from all over the US and are planning on raising consumer awareness as to the benefits of real organic practices for our environment, community and personal health.

Learn more at  
[realorganicproject.org](http://realorganicproject.org)



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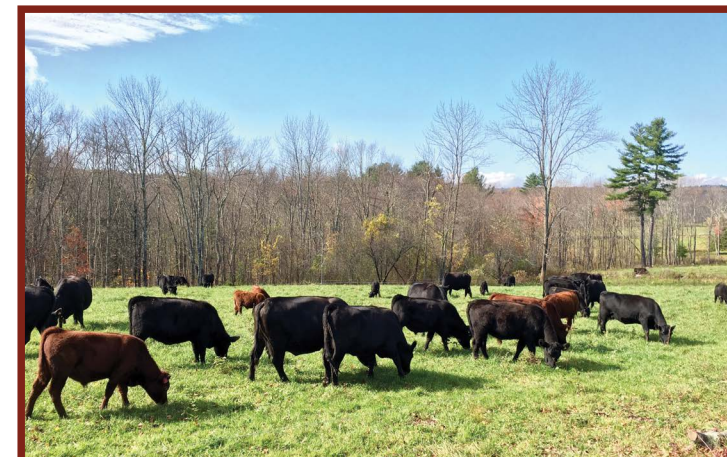


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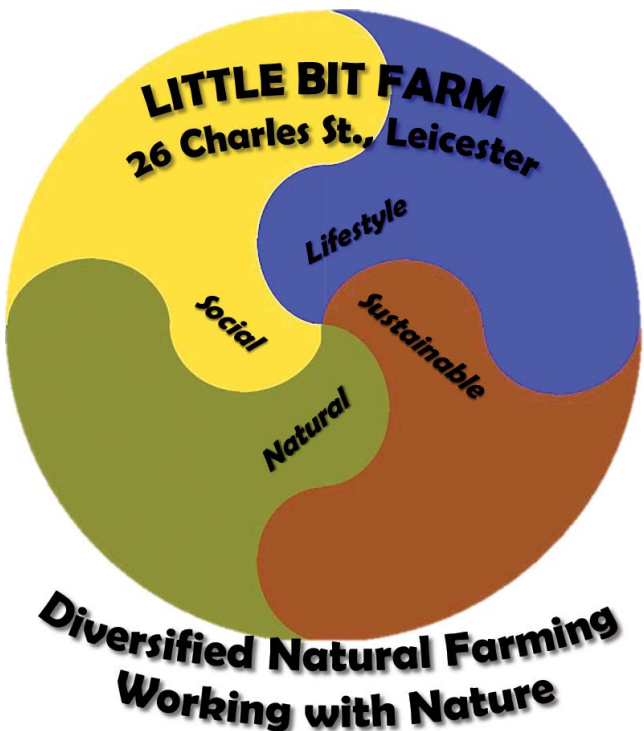
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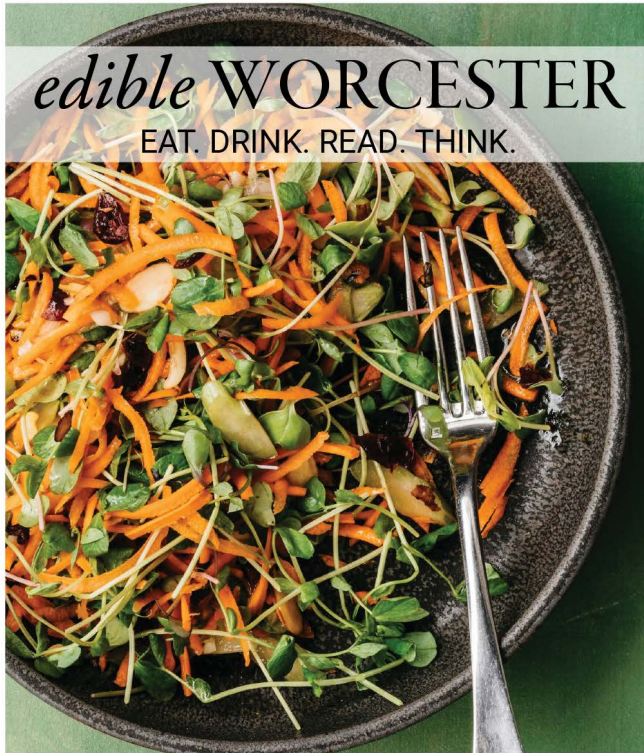


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# FARMS: BY REGION

## CENTRAL MASSACHUSETTS

### AGRONOMY FARM VINEYARD

338 Ware Corner Rd  
Oakham, MA 01068

#### CONTACT

Corey O'Connor  
508-212-9889  
agronomyfarmvineyard@gmail.com  
agronomyfarmvineyard.com

Find us on Facebook and Instagram

#### BRICK & MORTAR WHOLESALE FARMERS MARKETS

#### MAPLE | WINE/BEER/CIDER

We produce high quality wines, hard ciders, and maple syrup at our property in Oakham, MA. Our focus is on cold climate grape varieties that thrive in our volatile northeastern climate. Visit our new tasting room for wine tastings, wine by the glass and bottle, and other quality local goods.

### ASHLAND FARM

531 Oakham Rd  
New Braintree, MA 01531

#### CONTACT

Herbert & Nancy Pollard  
508-867-2234  
hpollard2003@aol.com  
ashlandfarm-ma.com

#### FARM STAND CSA

VEGETABLES | FRUIT | BEEF  
SPECIALTY CROPS | PRESERVES  
EGGS | PORK | HONEY | MAPLE  
BAKED GOODS | HAY

Ashland Farm is a 10th generation farm. Operated by Herbert, Nancy, and Thomas Pollard. We produce high quality feed hay, fresh in season vegetables picked every day and traditional farm raised beef and pork. We also offer local in season fruits, local honey, homemade jams and many craft items. We are open from July 4th to November 30th. Winter hours are Saturday and Sunday after November 30th.

### BALANCE ROCK FARM

104 Highland St  
Berlin, MA 01503

#### CONTACT

Linda Wheeler  
978-838-2024  
linda@balancerockfarm.com  
balancerockfarm.com

#### FARM STAND FARMERS MARKETS

PRESERVES | EGGS | BEEF | PORK  
POULTRY | GOAT | TURKEY | MILK  
OTHER MEAT | CHEESE | GOAT  
CHEESE HONEY | MAPLE | WINE/  
BEER/CIDER | HAY | COMPOST

Meat farm with a year round retail store. Also selling products from surrounding local farms. 5th generation family farm.

### BEAVER POND FARM

34 W Main St  
Brookfield, MA 01506

#### CONTACT

Nicholas Clark  
774-745-5009  
nicholas.j.clark.1@gmail.com  
Find us on Facebook

#### FARM STAND FARMERS MARKETS

PRESERVES | EGGS | PORK  
POULTRY | TURKEY | HONEY

Anything from motivational signage, to local honey, also fresh turkey and pork to order

### BEMIS FARMS NURSERY

29 N Brookfield Rd  
Spencer, MA 01562

#### CONTACT

Tina Bemis  
508-885-4247  
tina@bemisfarms.com  
bemisfarmsnursery.com

#### BRICK & MORTAR ONLINE

FLOWERS | SPRING STARTS  
BEDDING PLANTS | COMPOST

Charming, greenhouse, nursery and garden center nestled under shady pines and oaks. Specializing in make-and-take gardening and garden-related craft workshops such as container gardening and wreath-making for people of all ages. On and off-site workshops are offered for private classes as well as fundraisers.

### BENT BIRCH FARM

63 Webber Rd  
Brookfield, MA 01506

#### CONTACT

Ray & Cathy Zwarich  
774-449-8030  
bentbirchfarm.ma@gmail.com  
BentBirchFarm.com

#### FARM STAND PYO

VEGETABLES | FRUIT | EGGS  
HONEY

We sell eggs from our free-range chickens, raw honey from our own bees, and fresh produce without the use of chemical fertilizers, herbicides, pesticides, or many other unnatural substances. We are dedicated to sustainable agriculture to provide the highest quality and freshest produce to support our local ecology and community.

### BERBERIAN FARM

68 Otis St  
Northborough, MA 01532

#### CONTACT

Michael Berberian  
(508) 393-8079

#### FARM STAND FARMERS MARKETS

VEGETABLES | FLOWERS

Berberian's Farm offers a wide array of specialty vegetables grown on the riverbed soils of Smith Pond. Their farm stand is open 7 Days a Week May–November and at the Dorchester Farmers Market on Saturdays.

#### SNAP | HIP | SENIOR COUPONS

### BOSTON HONEY COMPANY

45 Chestnut Street  
Holliston, MA 01746

#### CONTACT

Evan Reseska  
508-429-6872  
evan@bostonhoneycompany.com  
bostonhoneycompany.com/  
Find us on Facebook and Instagram

#### BRICK & MORTAR FARM STAND WHOLESALE ONLINE

PRESERVES | HONEY | MAPLE

Boston Honey Company is a family owned operation that produces

Home to over 1,500 farms and holding the ranking of 6th in the nation for direct farm to consumer sale, the unique landscapes of Central Massachusetts boasts rolling pastures, hillside orchards, dense forest lands and diversified vegetable fields.

artisanal honeys and provides farms with pollination. The family owns a Farmstand in Holliston MA that sells a variety of honeys and other local products produced by local vendors.

### BREEZLANDS ORCHARDS

1791 Southbridge Rd  
Warren, MA 01083

#### CONTACT

Mark Tuttle  
413-436-7100  
marktuttle230@gmail.com  
breezlandsorchards.com

Find us on Facebook

#### FARM STAND PYO

FRUIT | BAKED GOODS  
FIREWOOD

Pick your Own Apples in September and October. Visit the Farm for Apples, Peaches, Pears, Just Baked Pies, Cider Donuts, Honey and Cheese.

### BREEZY GARDENS

6 McNeil Hwy  
Leicester, MA 01524

#### CONTACT

Kim Miczek  
508-892-9201  
breezygardens@gmail.com  
Breezygardens.com

VEGETABLES | FRUIT | FLOWERS  
SPRING STARTS | BEDDING PLANTS

Family owned and operated farm growing wonderful vegetables and fruits with sustainable growing methods. After more than forty years of farming our home farm is even more environmentally healthy than when we began. In spring we offer fabulous plants grown on site, the best corn you ever tasted in summer, and u-pick pumpkins in Autumn. We grow with Integrated Crop Management and no GME.

#### SNAP | HIP | SENIOR COUPONS



### BROOKFIELD ORCHARDS

12 Lincoln Rd  
North Brookfield, MA 01535

#### CONTACT

Louise Woodard  
508-867-6858  
brookfieldo@aol.com  
brookfieldorchardsonline.com

Find us on Facebook

#### FARM STAND WHOLESALE PYO

FRUIT | BEEF | CHEESE | HONEY  
MAPLE | BAKED GOODS  
GOAT MILK SOAP

What do you mean "more than an apple orchard?" Brookfield Orchards has so much to offer from our apples to shopping through our antiques, collectibles and consignment items old and new. We have a fun, large playground for all the youngsters to enjoy. And, let's not forget our delicious snack bar that is always serving hot apple dumplings with ice cream. If, above anything else, enjoy our beautiful picturesque scenery and relax.

#### SNAP

### CHESTNUT FARMS

404 Turkey St  
Gilbertville, MA 01031

#### CONTACT

Kim Denney  
413-477-6656  
kim@chestnutfarm.org  
chestnutfarm.org

Chestnut Farms is a family owned and operated livestock farm in the heart of MA. We offer grass-fed beef, pasture raised pork, lamb, goats and poultry. Our animals are humanely raised using traditional agricultural methods and lots of fresh air and sunshine. We never, ever use any growth hormones, antibiotics or other CAFO practices on our farm. Our meats are available through our CSA with thirteen locations throughout the state, at the Natick, Arlington and Needham Farmers Markets and at our store at the Boston Public Market. We look forward to connecting!!

FROM TOP: STILL LIFE FARM, STILL LIFE FARM, LAMOUREUX GREENHOUSES

### CHESTNUT HILL FARM

5 Chestnut Hill Rd  
Southborough, MA 01772

#### CONTACT

Jessica Devine  
508-785-0339  
chestnuthillfarm@thetrustees.org  
thetrustees.org/CHF

Find us on Facebook and Instagram

#### BRICK & MORTAR FARM STAND CSA PYO FARMERS MARKETS ONLINE

VEGETABLES | FRUIT | SPECIALTY CROPS | EGGS | BEEF | PORK  
POULTRY | GOAT | OTHER MEAT  
GOAT CHEESE | CHEESE | HONEY  
MAPLE | BAKED GOODS | FLOWERS  
SPRING STARTS

Chestnut Hill Farm in Southborough, MA, is a 170-acre farm with organic produce and grass-fed, pastured meat CSAs; events and programs for toddlers through adults; numerous trails; farm animals; a seasonal farm stand; and PYO produce & flowers. CHF is owned by the nonprofit land conservation organization, The Trustees.

#### SNAP | HIP

### CLOVER HILL FARM

1096 Barre Rd  
Gilbertville, MA 01031

#### CONTACT

Steve Prouty  
978-257-2390  
cloverhillfarm1888@gmail.com  
cloverhillfarm.info

Find us on Facebook

#### FARM STAND CSA

FRUIT | EGGS | POULTRY | BEEF  
PORK | OTHER MEAT | FLOWERS  
FIBER PRODUCTS | HAY | STRAW

A 5th generation farm established in 1888. We operate a store at our farm featuring pasture raised non-GMO beef. Our pork, from heritage breeds includes bacon, chops, roasts and ribs. Pasture raised lamb provides many popular cuts. We stock 8 varieties of sausage, whole chickens and seasonal turkey. Turkey and chicken pot pies, shepherd's pie and pulled pork prepared locally with our farm raised meat. Fresh cut flower bouquets are available in season.



## COOPER'S HILLTOP FARM

515 Henshaw St  
Rochdale, MA 01542

### CONTACT

Marjorie Cooper  
508-892-3720  
coopers1918@gmail.com  
coopershilltopfarm.com  
*Find us on Facebook*

### MILK | CHEESE

*In operation for over 100 years. Cows are milked twice a day and all milk is pasteurized and sold cash and carry at the farm. Whole, Low-fat, and Skim milk. We offer heavy cream for whipping, light cream for coffee, and chocolate, strawberry and coffee flavored milk.*

## CORDELIA'S FARM

228 Pleasant St  
Berlin, MA 01503

### CONTACT

Timothy Wheeler  
978-838-2942  
Contact@CordeliasFarm.com  
cordeliasfarm.com  
*Find us on Facebook and Instagram*

### FARM STAND CSA PYO

**VEGETABLES | FRUIT | PRESERVES EGGS | BEEF | PORK | CHEESE GOAT CHEESE | HONEY | MAPLE FLOWERS | HAY | STRAW SPRING STARTS | BEDDING PLANTS**

*A multigenerational family farm located in Berlin, Massachusetts, formally Indian Head Farm. We specialize in the production of small fruit and vegetables, including blueberries, strawberries and raspberries, as well as corn, tomatoes and a large assortment of other vegetables. Direct sales through our farm stand, as well as PYO strawberries, blueberries and raspberries.*

### SNAP | HIP

## COTYLEDON FARM

253 Henshaw St  
Leicester, MA 01524

### CONTACT

Amanda Barker  
508-859-0016  
cotyledonfarm@gmail.com  
cotyledonfarm.com  
*Find us on Facebook and Instagram*

### CSA FARMERS MARKETS WHOLESALE VEGETABLES

*We are a small-scale diversified vegetable farm. We primarily market our seasonal CSA membership, as well as at local farmers markets and wholesale. Our farm is truly a community farm—where veggies are grown for and by its*

*members. Join us! We have Worcester and Leicester (on farm) pick ups from June through October.*

### SNAP | HIP | SENIOR COUPONS

## DAVIDIAN'S FARM

500 Church St  
Northborough, MA 01532

### CONTACT

Mike Davidian  
508-393-3444  
info@davidiansfarm.com  
DavidiansFarm.com

### FARM STAND CSA WHOLESALE VEGETABLES | FRUIT | SPECIALTY CROPS | PRESERVES | HONEY BAKED GOODS | FLOWERS SPRING STARTS

*Family owned business selling farm fresh homegrown and local products! We also have a unique CSA program, full bakery, deli, ice cream stand and barn yard for a fun filled experience for the entire family!*

## FARMER MATT

860 West Brookfield Rd  
New Braintree, MA 01531

### CONTACT

Matthew Koziol  
413-575-3726  
farmermattwb@gmail.com  
farmermattwb.com

*Find us on Facebook and Instagram*

### FARM STAND ONLINE

### BEEF | PORK | CHICKEN | HAY

*West Brookfield, MA local, Farmer Matt, manages 400+ acres of farmland in the Brookfield and surrounding towns, much of which is certified organic. He raises Angus cattle on hay and rotational grazing pastures during the growing season. The beef and hay are sold at the retail location and through custom orders. Currently, Farmer Matt offers fresh meals and frozen prepared foods for take-out on the weekends from his New Braintree, MA farm stand.*

## FREE LIVING FARM

88 Lake Rd  
Brookfield, MA 01506

### CONTACT

Cara Germain & Michael Zueger  
508-864-9650  
freelivingfarm@gmail.com  
freelivingfarm.com

*Find us on Facebook and Instagram*

### CSA FARMERS MARKETS ONLINE VEGETABLES | SPECIALTY CROPS FLOWERS | SPRING STARTS

*Free Living Farm is the vision of two young farmers dedicated to growing*

*truly nutritious food while caring for the land. We offer a diversity of vegetables, medicinal & culinary herbs, fresh & dried flowers as well as ginger and turmeric. We follow organic standards with a focus on high quality food to strengthen our local community and food resources. We practice regenerative and ecological methods of farming that build soil structure and biology, mineralize the soil and encourage biodiversity.*

### SENIOR COUPONS

## HARDWICK SUGAR SHACK

572 Jackson Rd  
Hardwick, MA 01037

### CONTACT

Joe Raskett  
413-477-0932  
joe@hardwicksugarshack.com  
hardwicksugarshack.com

*Find us on Facebook*

### ONLINE

*In Massachusetts between Boston and the Berkshires, there's a little known farming town called Hardwick. It's here that our family turned a hobby into a business, making pure maple syrup. We have a wide range of attractively packaged maple products, including syrup, maple candy, maple sugar, maple cream and gift baskets for all occasions.*

## HARVEY'S FARM & GARDEN CENTER

7 Maple Ave  
Westborough, MA 01581

### CONTACT

Jim & Emily Harvey  
508-366-1545  
Emily@harveysfarm.com  
harveysfarm.com

*Find us on Facebook and Instagram*

### BRICK & MORTAR CSA FARM STAND ONLINE PYO RETAIL STORE WHOLESALE

**BAKED GOODS | CHEESE | EGGS FRUIT | HONEY | MAPLE | POULTRY BEEF | TURKEY | PORK | PRE-SERVES SPECIALTY CROPS | VEGETABLES FLOWERS | BEDDING PLANTS CHRISTMAS TREES | HAY | STRAW SPRING STARTS**

*We are a family-owned and operated sixth generation farm garden center and gift barn in Westborough, MA.*

## HILLSIDE FARM

199 Muschopauge Rd  
Jefferson, MA 01522

### CONTACT

James Dunn  
508-829-3712  
jdunniii@charter.net

### BRICK & MORTAR VEGETABLES | HAY

*Quality hay in 40-50 lb bales. Guaranteed satisfaction. On-farm pickup encouraged. Delivery available. Limited amounts of seasoned firewood in the Fall. Summer vegetables.*

## HOLIDAY FARM

100 Central St  
Berlin, MA 01503

### CONTACT

Susan Roberts  
508-333-0242  
holidayfarm1@gmail.com  
holiday-farm.business.site

*Find us on Facebook*

### FARM STAND FARMERS MARKETS ONLINE

**VEGETABLES | FRUIT | PRESERVES EGGS | HONEY | HAY | COMPOST SPRING STARTS | BEDDING PLANTS |**

*We are a small farm with a zero carbon footprint. Open seasonally, or by appointment, we sell honey, free range chicken eggs, vegetables, herbs and fruit. We make homemade jams and jellies, and hand made baskets and organic soaps and lotions. In the spring we sell seedlings, and in the late fall we sell wreaths.*

### SENIOR COUPONS

## JORDAN DAIRY AND TURKEY FARM

51 Muschopauge Rd  
Rutland, MA 01543

### CONTACT

Brain & Randy Jordan  
508-886-2595  
jordandairy@charter.net  
jordandairyfarms.com  
*Find us on Facebook*

*Located in Rutland, MA we are a 5th Generation Dairy Farm run by brothers Randy and Brian Jordan. Jordan Dairy Farms, Inc is home to 800 head of Holsteins, milking 300 cows three times per day. We utilize 950 acres of fields planted with corn or hay. In addition to the dairy we raise over 700 Hybrid Double Breasted White turkeys for your holiday feasts. We also cultivate about 2 Acres of Blueberry bushes that we sell at local Farmers' Markets.*

## LAMOUREUX GREENHOUSES

9 Schoolhouse Cross Rd  
Brookfield, MA 01506

### CONTACT

Steven Lamoureux  
508-867-2218  
lamoureuxgreenhouses@gmail.com  
lamoureuxgreenhouses.com

*Find us on Facebook*

### FARM STAND

### BEDDING PLANTS | SPRING STARTS FLOWERS

*A family-owned and run business. A large selection of trees, shrubs, perennials, annuals, hanging baskets, patio planters and vegetable plants available in the spring and summer. Year round we have a wide variety of houseplants, including succulents, bonsais and topiaries. We offer full service landscaping and are open year round.*

## LILAC HEDGE FARM

216 Wachusett St  
Rutland, MA 01543

### CONTACT

Ryan MacKay  
774-245-5367  
info@lilachedgefarm.com  
LilacHedgefarm.com

*Find us on Facebook and Instagram*

### CSA FARM STAND ONLINE WHOLESALE

**EGGS | HONEY | MAPLE POULTRY | BEEF | PORK | TURKEY OTHER MEAT | SPECIALTY CROPS CHEESE | GOAT CHEESE | FRUIT PRESERVES | VEGETABLES | HAY**

*A 400 acre livestock farm in Rutland and Holden Massachusetts raising black angus beef, pork, lamb, chicken, turkey and ducks. We retail our meat through an extensive home delivery service, farmers markets across central and eastern Massachusetts, a Meat CSA, and various wholesale accounts.*

## LITTLE BIT FARM

26 Charles St  
Leicester, MA 01524

### CONTACT

Dianna & Bruce Provencher  
508-892-9883  
littlebitfarm2004@charter.net  
little-bit-farm.com

*Find us on Facebook*

### FARM STAND FARMERS MARKETS VEGETABLES | EGGS | POULTRY HONEY

*We are a small, first generation farm that uses organic methods to provide a natural and sustainable farm environment. We begin the season with a wide*

*range of heirloom plants, herbs and compost for sale. Please visit us on our farm or at the Leicester Farmers Market for fresh, heirloom varieties or specialty ethnic vegetables. We also sell raw honey, other honey products, and fresh turkeys for Thanksgiving. We take pride in the level of quality we pass along to you. Open M-Sun 9a-6p.*

### SNAP | HIP

## MAPLE HILL FARM GRASS-FED BEEF

1278 Prouty Rd  
Hardwick, MA 01037

### CONTACT

Jon Liland  
413-477-0232  
maplehillbeef@gmail.com  
maplehillbeef.com

### ONLINE FARM STAND BEEF

*Raising grass-fed beef, hormone-free, and chemical-free beef for our local communities in central and all of Massachusetts. Our Angus herd forages on pasture within our 300 acres of land. Our beef is a healthy nutritious product which is available for direct sales to our consumers.*

### SNAP | SENIOR COUPONS

## MARY GO ROUND FARM

12 Gay Rd  
Brookfield, MA 01506

### CONTACT

Clarence & Jane Snyder  
508-637-1377  
crsnyder3@hotmail.com  
marygoroundfarm.net  
*Find us on Facebook*

### VEGETABLES | EQUESTRIAN COMPOST

*MGR Farm is family-run hunter/jumper/dressage facility, offering full boarding and training options. The property boasts a 72 x 150 foot indoor arena attached for year-round enjoyment, a 100 x 200 foot outdoor arena, direct access to trails, lots of turnouts, and top-notch care. Vegetables are offered at local farmers markets during the summer months. Well composted material is available at the farm.*

## NOURSE FARM

80 Jasper St  
Westborough, MA 01581

### CONTACT

Jon Nourse  
508-366-2644  
jwnourse@aol.com  
noursefarm.com  
*Find us on Facebook*

### FARM STAND PYO CSA

**VEGETABLES | FRUIT | HONEY PRESERVES | BAKED GOODS FLOWERS | FIREWOOD**

*A family business open 7 days a week from May to December. We offer a retail store, CSA, and PYO going on all summer. We specialize in Raspberries, Strawberries, and Blueberries. We also grow a lot of vegetables, sweet corn, and tomatoes. We use our berries and vegetables to make berry jams, pies, and pickles and salsa.*

### SNAP | SENIOR COUPONS

## OAKHOLM FARM

80 Lake Rd  
Brookfield, MA 01506

### CONTACT

Chris & Christina Predella  
oakholfarm@gmail.com  
OakholfarmEstate.com  
*Find us on Facebook*

### PYO

### FRUIT | WINE/BEER/CIDER CHRISTMAS TREES

*A family run "pick your own" blueberries, raspberries and Christmas tree farm. It has recently become a wedding venue and features Oakholm Brewing Co. It has become the Predella Family's mission to preserve the gem of Brookfield and maintain this special property to continue over a century of farming traditions at Oakholm.*

## RAGGED HILL ORCHARD

94 John Gilbert Rd  
West Brookfield, MA 01585

### CONTACT

Keith Arsenault  
508-867-2187  
raggedhill.com

### FRUIT | WINE/BEER/CIDER

*Fruit Tree Orchard with UPick and farm store. Season begins in July with Blueberry and Raspberry picking. Peaches begin late July and Apples/Pears begin late August. Raspberry continues until the first hard frost in October. Honey-Crisp, Cortland, Fuji, Gala, EverCrisp and many more flavors are available. Be sure to visit our sister store, Ragged Hill Cider Co.*

## ROCKY RIDGE BEEF FARM

94 Ward St  
North Brookfield, MA 01535

### CONTACT

Jim & Sue Gustafson  
508-867-4469/ 774-200-4144  
rockyridgebeeffarm@gmail.com  
rockyridgebeeffarm.com  
*Find us on Facebook*

### FARM STAND CSA

**FARMERS MARKETS VEGETABLES | FRUIT EGGS | BEEF | PORK**

*Year round at our farm store we sell our delicious beef and pork, eggs from our chickens and produce from our gardens. Meat and eggs only sold at West Brookfield and Brimfield Farmers Markets.*

## SAP CASTLE

29 Overlook Rd  
Rutland, MA 01543

### CONTACT

Jon & Lauren Williams  
508-886-4564  
sapcastle@gmail.com  
sapcastle.com

*Find us on Facebook and Instagram*

### FARM STAND FARMERS MARKETS ONLINE WHOLESALE MAPLE

*A third-generation farm in Rutland making delicious maple syrup on a wood-fired evaporator in our timber frame sugarhouse. Visit us during sugaring season to see the process and buy our syrup year-round on our website (pick up at the farm) or by swinging by the self-serve box on the sugarhouse.*

## SPRING RIDGE FARM

603 Cross St  
Boylston, MA 01505

### CONTACT

Tricia May  
508-789-0901  
tricia@springridgefarm.net  
springridgefarm.net

*Find us on Facebook and Instagram*

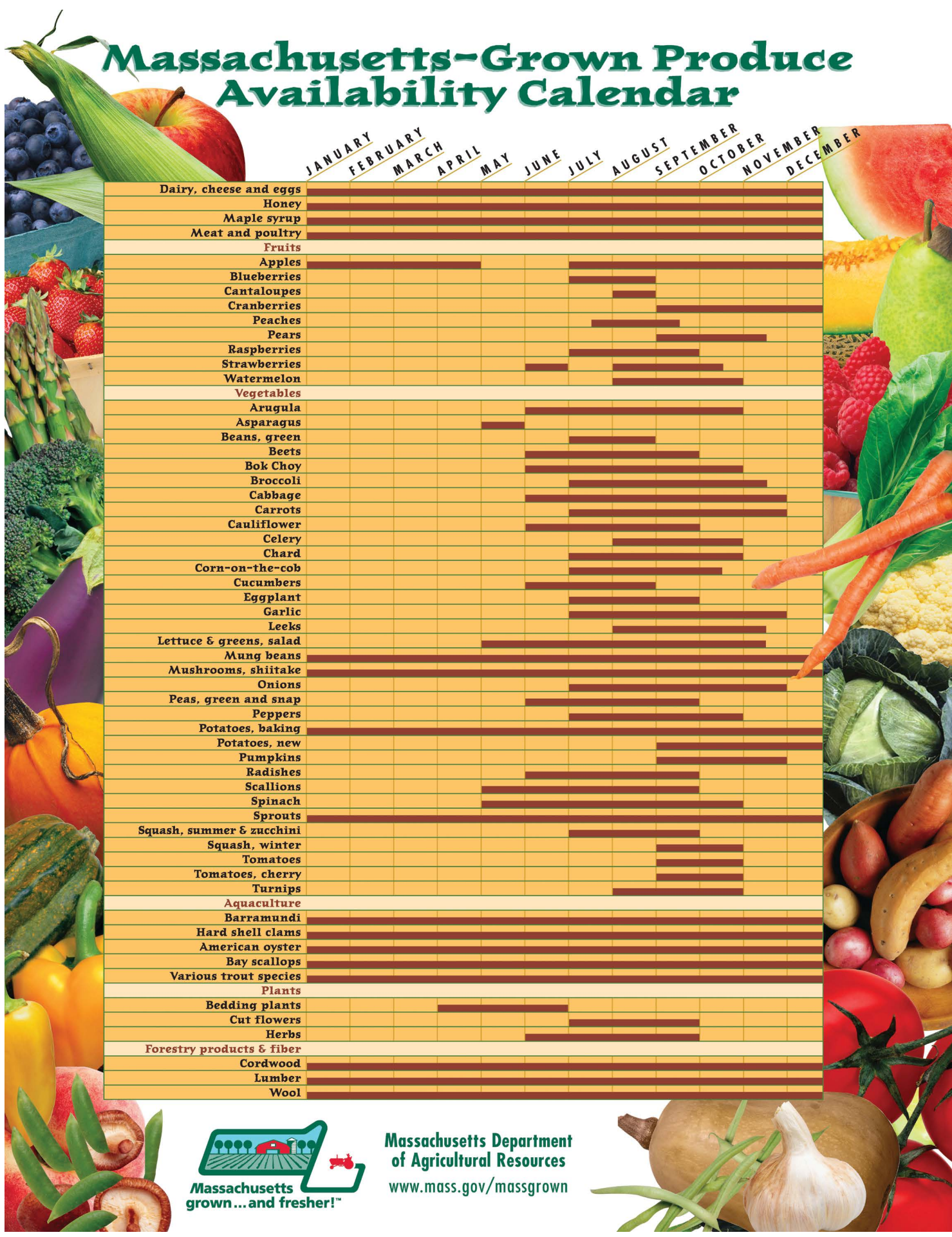
### BRICK & MORTAR FARM STAND CSA FARMERS MARKETS WHOLESALE

**EGGS | BEEF | PORK | POULTRY TURKEY | OTHER MEAT FEED GRAIN**

*Chickens, turkeys, sheep, pigs, and sometimes beef cattle all on pasture. We also sell bagged Ventura Grains. Our animals enjoy the outdoors, free from antibiotics, growth hormones, and artificial light. We are proud to raise our animals in a sustainable fashion, always paying attention to pasture health and rotation, water conservation, and the general well being of our livestock.*



# Massachusetts-Grown Produce Availability Calendar



Massachusetts Department of Agricultural Resources  
www.mass.gov/massgrown

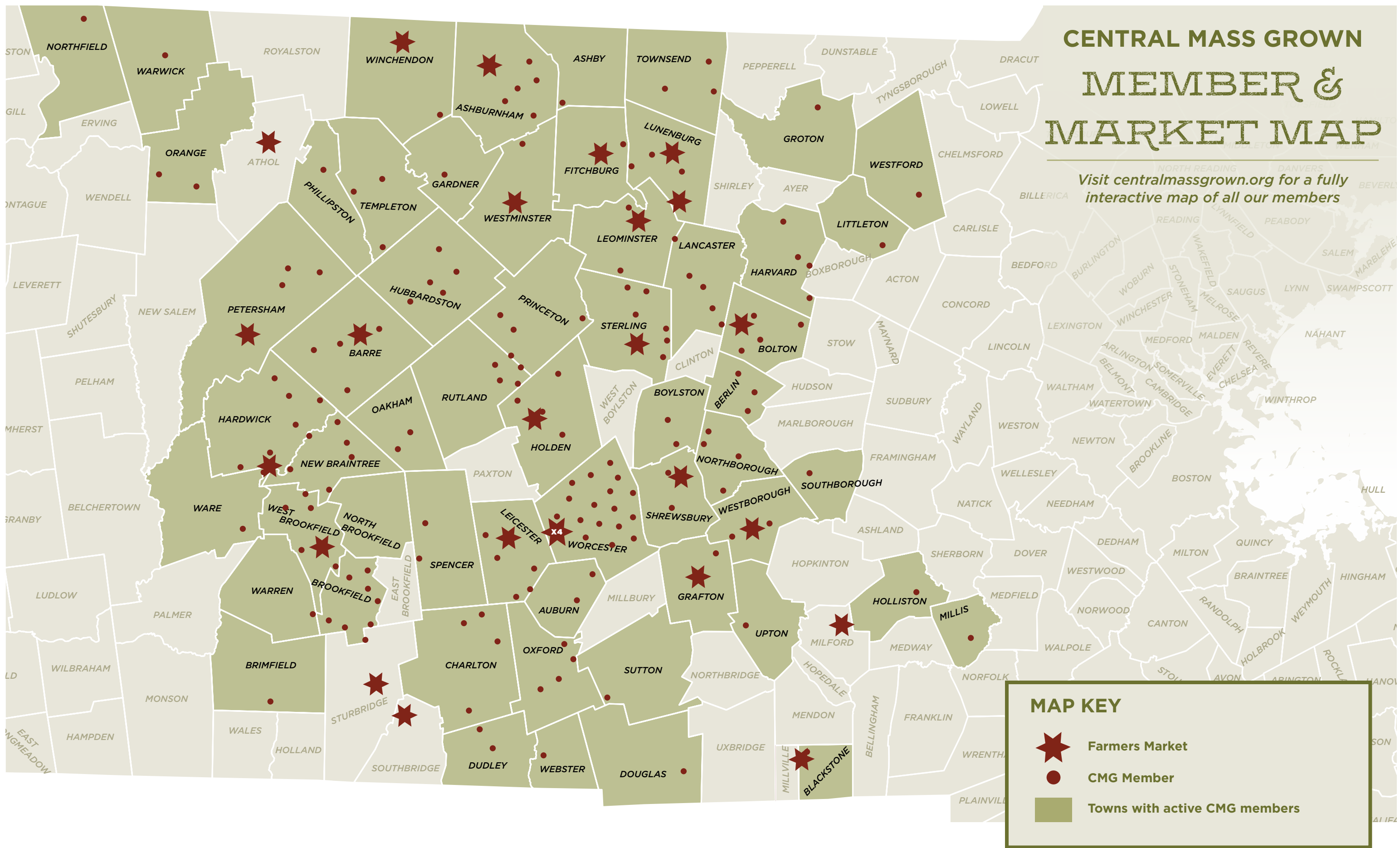
## FARMERS MARKETS IN CENTRAL MASS

TOWN	WHERE	DAY	TIME	MONTHS
Ashburnham	Meeting House Hill	Last Saturdays	10AM-1PM	June-Oct
Athol	1551 Main St.	Saturday	9AM-12PM	May-Oct
Barre	30 Park St.	Saturday	9AM-12:30PM	May-Oct
Blackstone	286 Mendon St.	Sunday	11AM-2PM	July-Oct
Fitchburg (Growing Places)	610 Boulder Ave.	Thursday	3-6PM	June-Oct
Grafton	Town Common	Wednesday	2PM-6PM	June-Oct
Hardwick	Town Common	Sunday	11AM-2PM	June-Oct
Holden	1174 Main St.	Tuesday	3-6:30PM	May-Oct
Leicester	1230 Main St.	Saturday	9AM-2PM	June-Oct
Leominster (Growing Places)	25 West St.	Saturday	9AM-1PM	May-Oct
Lunenburg	960 Mass Ave.	Sunday	10AM-12:30 PM	June-Oct
Lunenburg	1410 Lancaster Ave	Sunday	11AM-5PM	June-Oct
Milford	66 Dilla St.	Saturday	9AM-1PM	June-Oct
Petersham	Town Common	Friday	3-6:30PM	June-Oct
Shrewsbury	98 Maple Ave.	Wednesday	2:30-6:30PM	June-Oct
Southbridge	942 Main St.	Saturday	10AM-2PM	May-Oct
Sterling	1 Park St.	Friday	3-6:30PM	May-Oct
Sturbridge	Town Common	Sunday	10AM-2PM	June-Sept
West Brookfield	Town Common	Wednesday	3-6PM	June-Oct
Westborough	57 W. Main St.	Thursday	2-6PM	June-Sept
Westminster	Academy Hill	Friday	3-6PM	May-Oct
Worcester (Beaver Brook)	306 Chandler St.	Mon & Fri	9AM-12PM	June-Oct
Worcester (Common Oval)	455 Main St.	Thursday	11AM-2PM	June-Aug
Worcester (Umass Lake Ave)	55 Lake Ave.	Tuesday	12-5PM	June-Oct
Worcester (University Park)	965 Main St.	Saturday	9AM-1PM	June-Oct



# CENTRAL MASS GROWN MEMBER & MARKET MAP

Visit [centralmassgrown.org](http://centralmassgrown.org) for a fully interactive map of all our members



**MAP KEY**

- ★ Farmers Market
- CMG Member
- Towns with active CMG members



## STILL LIFE FARM

1643 Petersham Rd  
Hardwick, MA 01037

### CONTACT

Halley Stillman  
413-477-8288  
StillLifeFarm@aol.com  
StillLifeFarm.com  
Find us on Facebook and Instagram

### CSA FARMERS MARKETS WHOLESALE

VEGETABLES | FRUIT | EGGS  
SPECIALTY CROPS | HONEY

Owned and operated by husband-wife team, Curtis and Halley Stillman. During the winter months, we feature a Winter CSA program and specialize in hardy vegetables and storage crops for winter farmer's market. During the summer, we grow a diverse array of specialty fruit and niche crops including tree fruits like sweet cherries and donut peaches, currants, gooseberries, hush cherries, blackberries, cherry tomatoes, and herbs. Still Life Farm is part of a farm family including Stillman's Farm and Stillman's Quality Meats.

SNAP | HIP

## STILLMAN'S FARM

1205 Barre Rd  
New Braintree, MA 01531

### CONTACT

Genevieve Stillman  
508-867-7193  
stillmans@verizon.net  
stillmansfarm.com  
Find us on Facebook

### VEGETABLES | FRUIT

Stillman's Farm is a family owned farm committed to providing the freshest and healthiest produce while ensuring the safety of our environment, family and customers. We currently operate a retail greenhouse and farm stand at our fruit and vegetable farm in New Braintree. We offer our amazing produce and plants at many farmers' markets and through Community Supported Agriculture (CSA). To learn more about Stillman's, what we offer, and where to find us, please check out our website.

SNAP | HIP

## STILLMAN QUALITY MEATS

3674 Greenwich Rd  
Hardwick, MA 01037

### CONTACT

Kate Stillman  
413-277-9600  
kstillly29@aol.com  
stillmanqualitymeats.com  
Find us on Facebook and Instagram

## BRICK & MORTAR FARM STAND CSA FARMERS MARKETS WHOLESALE ONLINE

EGGS | BEEF | PORK | POULTRY  
TURKEY | BAKED GOODS

Stillman Quality Meats is a pasture-based livestock farm in Hardwick, MA. Our farm proudly raises grass-fed beef, pork, lamb and poultry products which we process in our state of the art on-farm abattoir. Our farm offers a full range of fresh meats cuts including over 100 varieties of sausage and custom smoked meats from our smoke house as well as offering a variety of items from our farm kitchen including house-made meat pies, meatballs, soups and meals. Our products are available year round from our Worcester Butcher Shop, select farmers' markets, home delivery, mail order and \*\*NEW\*\* 2021 expanded Hardwick full service Butcher Shop. In addition, our farm also offers custom poultry processing.

## STONY KNOLL FARM

800 Pleasant St.  
Rochdale, MA 01542

### CONTACT

Tom Owen  
508-892-8884

### FARM STAND

VEGETABLES | FRUIT

Come visit our family's farmstand, open noon to 6:00 pm, Wednesday through Sunday, from late June through early October. For over 35 years we have been here for our customers growing and selling our own vegetables, rhubarb, herbs, blueberries and rabbits, as well as local produce grown by nearby farmer friends.

## SUNSET VALLEY FARM

125 McEvoy Rd  
New Braintree, Ma 01531

### CONTACT

Sarah Bjorklund  
978-821-1881  
sunsetvalleyfarmnb@gmail.com  
Find us on Facebook

EGGS | BEEF | PORK | POULTRY  
TURKEY | HONEY | FLOWERS  
HAY | SPRING STARTS

Sunset Valley Farm is nestled in the valley of rural New Braintree Massachusetts. Our home is surrounded by pastures, fields and woodlands. We are a diversified farm raising: Organically Fed Soy Free Chicken, Pasture Raised all Natural Pork, Grass Fed Beef, Raw Honey, Maple Syrup, Jams & Jellies and Baked Goods! Call or email us for a brochure and ask about Custom Raised Pork & Chicken.



## THE AGRO-ECO PROJECT

55 Ridge Rd  
Rutland, MA 01543

### CONTACT

Kate Gervais  
info@agroecoproject.org  
agro-ecoproject.org

### FRUITS | VEGETABLES

We are a small non-profit farm. We use agro-ecology and no-till farming to grow the most nutritious produce possible for those in need – all of the produce we grow is donated to local food pantries. We also partner with local schools to introduce students to the benefits of regenerative agriculture. Visit our website for information about our initiatives, from donations to online cooking demos and farm tours.

## THE FARM AT SUMMITWYNDYS

69 Summit St  
Jefferson, MA 01522

### CONTACT

Amy Parker  
508-944-3718  
thefarmatsummitwyndys.com  
Find us on Facebook

### PYO

SPECIALTY CROPS | EGGS | BEEF  
PORK | HONEY | FLOWERS  
EQUESTRIAN

The Farm at SummitWyndys is located in Holden on 40 private hilltop acres with stunning panoramic views of Wachusett Mountain, rows of lavender, horse pastures and blueberry fields. Breeding and raising horses since the mid-60s, The Farm at SummitWyndys is now growing lavender for culinary, beauty products, and crafting. Watch our Facebook page for our UPick days.

## THE GARNER

47 Summer Street  
North Brookfield, MA 01535

### CONTACT

Marcus Piazza  
774-452-4548  
garnerlocal@hotmail.com  
Find us on Facebook and Instagram

### BRICK & MORTAR FARM STAND FARMERS MARKETS WHOLESALE ONLINE

VEGETABLES | SPECIALTY CROPS  
FLOWERS

The Garner is an urban micro farm in historic North Brookfield with garlic at its center. Our mission is to provide quality products to our community using sustainable and organic growing methods.

## TOUGAS FAMILY FARM

234 Ball St  
Northborough, MA 01532

### CONTACT

Andre Tougas  
508-393-6470  
tougasfarm@gmail.com  
tougasfamilyfarm.com  
Find us on Facebook

### PYO FARM STAND WHOLESALE FRUIT

Growers of high quality tree fruits and berries for pick your own harvest. Strawberries, cherries, peaches, blackberries, blueberries, apples & pumpkins. Farm store with bakery, playground and barnyard animals.

## WALKER FARM AT WHORTLEBERRY HILL

1290 W Brookfield Rd  
New Braintree, MA 01531

### CONTACT

Joan Walker  
508-317-2790  
joanie@walkergrassfed.com  
walkergrassfed.com

Find us on Facebook and Instagram

### FARM STAND

### BEEF

We are the ONLY Certified Grass Fed AND Animal Welfare Approved beef producer in all of New England. OUR CATTLE, treated well, fed ONLY grass – born here, raised here for 1+ longer than anyone around for the height of flavor. Served at the James Beard House in NYC.






WCCD works to support landowner conservation activities at all scales. We offer Soil Sampling, Educational Workshops, a Spring Seedling sale, Fall bulb sale, Farm Tours, and more!

General Info contact:  
Lisa.trotto@usda.gov

Located at 52 Boyden Rd., Suite 107, Holden.  
508-829-4477 X5



**WORCESTER COUNTY  
CONSERVATION DISTRICT**



**Pick Your Own**

Strawberries  
Blueberries  
Raspberries

**Farm Fresh  
Berries &  
Vegetables**

**Cordelia's Farm**  
Formerly Indian Head Farm  
978-838-2942 • CordeliasFarm.com  
Farm Stand: 228 Pleasant St., Berlin, MA



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BEANS**

Organic Coffee Company  
**DEANSBEANS.COM**

GetGoatSoap.com

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Goat Milk Soap**  
feel like a kid again



Tiny House Soap Shop  
SOAthen For Business Daily  
111 Wheeler Rd.  
Princeton, MA 01541

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FREE SHIPPING over \$50

**deadhorse hill**  
an american restaurant

inspired by the seasons & farms of new england,  
from the mountains down to the coast



281 main street  
downtown  
worcester  
774-420-7107

deadhorsehill.com  
@deadhorsehill

Join us for dinner &  
cocktails or  
weekend brunch  
we look forward to  
meeting you!

**Farm-Raised Meats**  
**Beef • Chicken • Pork • Chevon**  
also  
**Eggs • Sweet Corn**

Our meats are available at our Farm Stand in a variety of cuts, in individual, frozen packages. We also offer a number of bundles and bulk meats. Our price list is available for download on our website.

**Wood Pellets & Landscape Materials**

Wood Pellets can be ordered on-line for delivery or you can pick up at the farm. We also offer a selection of dye-free and regular mulches, decorative stone and sand, loam, compost, and blend for purchase in bulk for delivery or pickup at the farm. See our website for details.



**Hubbard's Farm**  
154 Houghton Road, Princeton, MA 01541 | 978.464.2041  
Farm Stand Hours: M-T-W-F 9-3 • Th 9-7 • Sat 9-Noon  
Westminster Farmers Market on Fridays 3-6, May-October

**hubbardsfarm.com**

Please call ahead for bulk purchases of pellets and landscape materials.

## NORTH CENTRAL MASSACHUSETTS

**ANDEAN DAWN ALPACAS**  
313 Ball Hill Rd  
Princeton, MA 01541

**CONTACT**  
Lisa Prozzo  
978-464-2471  
prozzo@icloud.com  
Find us on Facebook

**FARMERS MARKETS  
COMPOST | FIBER PRODUCTS**

We maintain a herd of 20-30 alpacas which sports a spectrum of colors, some of which are available for sale and breeding. We believe that support is very important for a satisfying alpaca experience so we offer mentoring to our customers for the life of for the life of our business. We also sell our fiber raw thru processed into yarn and a range of practical to luxury American and Peruvian created finished products. Composted manure is also available.

**AUTUMN HILLS ORCHARD**  
495 Chicopee Row  
Groton, MA 01450

**CONTACT**  
Ann Harris  
978-448-8388  
info@autumnhillsorchard.com  
autumnhillsorchard.com  
Find us on Facebook and instagram

**FARM STAND CSA PYO ONLINE  
FARMERS MARKETS WHOLESALE  
FRUIT | FIREWOOD**

Autumn Hills Orchard is an authentic working farm in Groton. We grow a variety of fruit in season including berries, apples, peaches, pears, grapes and plums. PYO customers love us for our scenic location, spectacular views, delicious fruit and friendly service. Open for PYO July-October.

**SNAP | HIP | SENIOR COUPONS**

**AUTUMN MORNING FARM**  
658 Sunrise Ave  
Barre, MA 01005

**CONTACT**  
Chris & George O'Neil  
978-434-1200  
autumnmorningfarm@charter.net  
AutumnMorningFarm.com  
Find us on Facebook and instagram

**BRICK & MORTAR FARM STAND  
FARMERS MARKETS WHOLESALE  
ONLINE  
EGGS | HONEY**

Autumn Morning Farm is a family owned and operated beekeeping business located central Massachusetts. We supply Honey Bees, Beekeeping Equipment and Educational Courses on the Art of Managing Honey Bee Colonies through Sustainable Treatment Free Methods. We work with local farmers to increase crop production through pollination. The honey produced from our apiaries is Local, Raw, Un-Filtered and Un-Pasteurized to maintain all its medicinal benefits. We collect 5 varieties of honey from our bee hives each unique in color and taste.

**BOB'S TURKEY FARM**  
181 Old Common Rd  
Lancaster, MA 01523

**CONTACT**  
Susan Miner  
978-365-9271  
bobsturkeyfarm@verizon.net  
bobsturkeyfarm.com  
Find us on Facebook

**FARM STAND  
TURKEY**

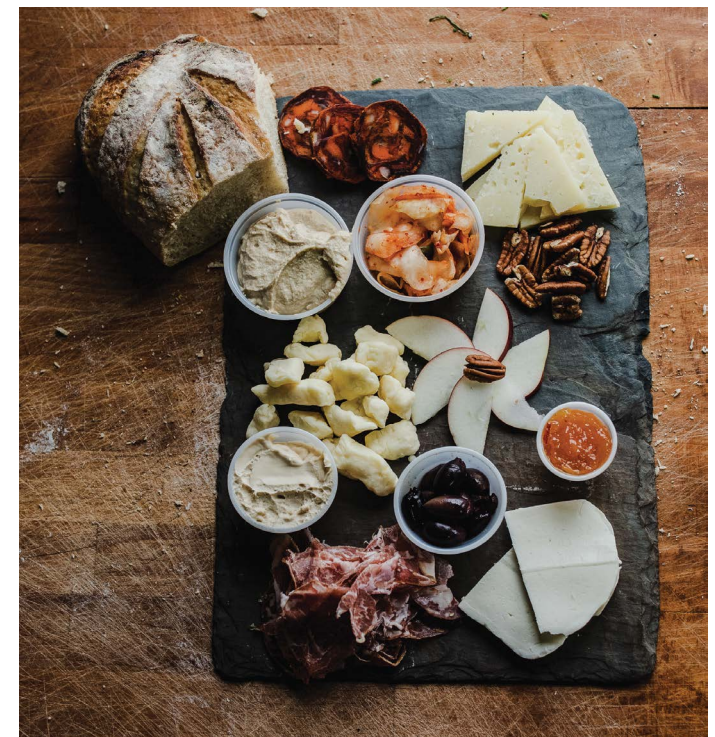
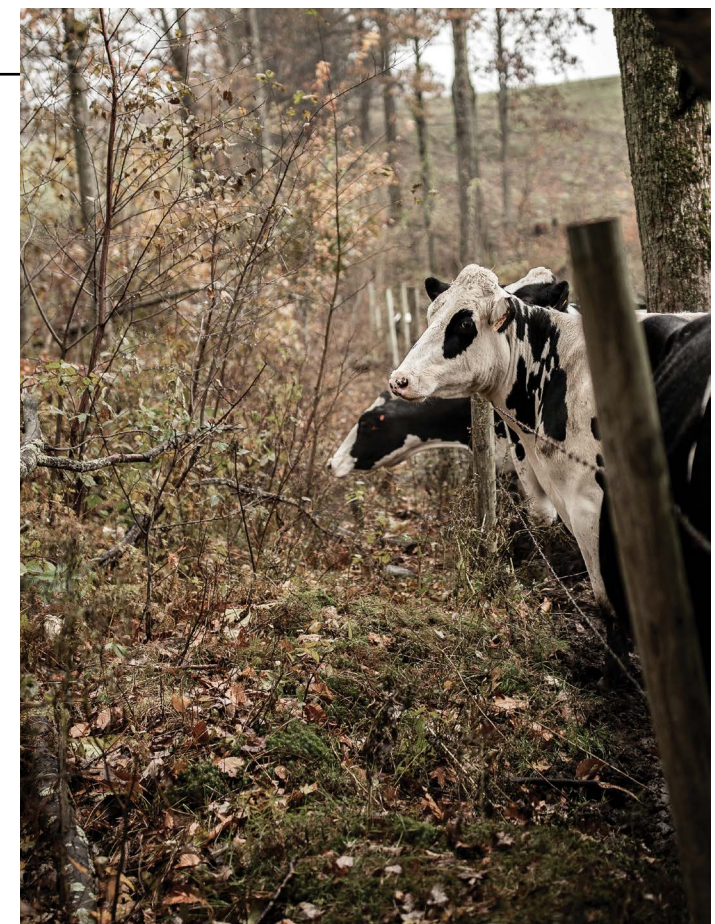
Here at Bob's Turkey Farm we breed, hatch, raise and process all our turkeys on site. All further processing of our turkey products are made here on site in our farm kitchen, we make turkey pies, turkey soup, turkey chili, turkey lasagna, turkey shepherds pie, turkey meatball, turkey burgers, etc.

**BOLTON SPRING FARM**  
159 Main Street  
Bolton, MA 01740

**CONTACT**  
Lori Stephenson  
978-779-2898  
boltonspringfarm@comcast.com

**FARM STAND PYO WHOLESALE  
VEGETABLES | FRUIT | SPECIALTY  
CROPS | PRESERVES | HONEY  
BAKED GOODS | HAY | FIREWOOD**

Open from late May-December 31. Growing peaches, pears, plums, nectarines, more than 25 varieties of apples and a bounty of vegetables, squashes, gourds and pumpkins. Pick-Your-Own Apples and Pumpkins. Gift shop with seasonal decorations. Christmas trees, wreaths, decorations. Hot Apple Dump-lings and Cider Donuts fresh daily.



**TOP: COWS, CARTER & STEVENS FARM  
BOTTOM: SNACK PLATTER, CARTER & STEVENS FARM**



## CAMP NASHOBA

140 Nashoba Rd  
Littleton, MA 01460

### CONTACT

Janet Seaward  
978-486-8088  
campnashoba@gmail.com  
campnashobaday.com

### ONLINE

**VEGETABLES | FRUIT | EGGS  
POULTRY | HONEY | COMPOST  
FIREWOOD | EQUESTRIAN**

*Grower of heirloom vegetables, fruits, eggs, honey, and firewood.*

## CARLSON ORCHARDS

115 Oak Hill Rd  
Harvard, MA 01451

### CONTACT

Franklyn Carlson  
978-456-3916  
info@carlsonorchards.com  
carlsonorchards.com

*Find us on Facebook*

**FARM STAND WHOLESALE  
FARMERS MARKETS PYO**

**FRUITS | HARD CIDER**

*2nd generation fruit growing operations, wholesale and retail apples, nectarines, peaches and freshly pressed apple cider, with seasonal pick your own on all fruits. Retail farm store open year round.*

## CARTER & STEVENS FARM

500 West St  
Barre, MA 01005

### CONTACT

Molly Stevens  
978-355-4940  
carterandstevensfarm@gmail.com  
carterandstevensfarm.com

*Find us on Facebook*

**FARM STAND WHOLESALE CSA**

**VEGETABLES | SPECIALTY CROPS  
RAW MILK | BEEF | MAPLE  
WINE/BEER/CIDER | SPECIALTY  
PRODUCTS | HAY/STRAW  
FIREWOOD**

*With over 100 sprawling acres our dairy farm offers fresh raw milk, grass-fed beef, organically grown produce, farm harvested maple syrup, homemade ice cream and local and organic groceries. In addition, we offer unique dining experience at our Field-to-Flame Outdoor BBQ (weekends June-Sept) where we serve up our own grass-fed beef, slow smoked local meats and homemade seasonal sides. Grab a cold one for here or to go at our Stone Cow Brewery, located on site.*

## CROWOVER FARM

178 Hastings Rd  
Ashburnham, MA 01430

### CONTACT

Cynda Warren Joyce  
978-827-4874  
cynda@crowover.org  
crowover.org

*Find us on Facebook and instagram*

**FARM STAND FARMERS MARKETS  
EGGS | PORK | POULTRY**

*Heritage Breed American Guinea Hogs. AGHA registered piglets and feeder stock Humanely raised, gourmet quality AGH Heritage Pork: Assorted cuts, Bacon and Boneless Ham—No Nitrate added, Roasting Quarters, Market Ready Hogs and Pig Roasts. Poultry Meat and Eggs Perennial Flower Plants and Shrubs Farm Store Open Daily.*

## DISMAS FAMILY FARM

687 Lincoln Rd  
Oakham, MA 01068

### CONTACT

Jen Burt  
508-882-0000  
jenburt@dismasisfamily.org  
dismasisfamily.org

*Find us on Facebook and instagram*

**CSA FARM STAND**

**VEGETABLES | EGGS  
CHRISTMAS TREES**

*A unique, diversified farm located in Oakham. This summer we will be opening a farm stand with produce from our zero energy greenhouse, eggs, candles and wood products. Join us for our Fall Harvest Festival and Christmas tree sales. Dismas supports the rehabilitative work of Dismas House, reconnecting former prisoners with society, providing them with a new sense of self-worth and purpose.*

**SENIOR COUPONS**

## ELZIRE'S ACRE GOAT MILK SOAP

111 Wheeler Rd  
Princeton, MA 01541

### CONTACT

Chad Steiner  
978-660-6673  
info@GetGoatSoap.com  
GetGoatSoap.com

*Find us on Facebook and instagram*

**FARM STAND FARMERS MARKETS  
WHOLESALE ONLINE**

*Hand made goat milk soap from our organically fed goats. Palm Oil free, Palm Kernel Oil free, Soybean Oil free, Coconut Oil Free. No synthetic colorants or chemical fragrance oils. Therapeutic grade essential oils, herbs, spices. Natural and organic ingredients.*

## GOVE FARM

930 Mechanic St  
Leominster, MA 01453

### CONTACT

Paul Gove  
978-840-9798  
govefarm@verizon.net  
crowover.org

*Find us on Facebook*

**FARM STAND**

**VEGETABLES | FRUIT  
FLOWERS | BEDDING PLANTS**

*We are a 7th generation family farm growing a wide variety of bedding plants, fruits and vegetables. The greenhouse opens in May with Mother's Day baskets and bedding plants. The stand opens in June with early vegetables, and we keep adding variety through the summer. Open every day through October. We grow everything we sell.*

**SNAP**

## GREENLAND FARM

25 Old Westminster Rd  
Hubbardston, MA 01452

### CONTACT

Rick & Joyce Green  
508-648-9677  
jg.foursistersfarm@gmail.com  
greenlandfarmhubbardston.com

*Find us on Facebook*

**FARMERS MARKETS ONLINE**

**HAY**

*We are not a retail store. All our delicious beef is pre-sold through our email list and is available at selected times during the year based on the optimal condition of our animals. We also sell 1st and 2nd cutting hay.*

## HARPERS FARM & GARDEN

1539 Main St  
Lancaster, MA 01523

### CONTACT

David Harper  
978-365-7577  
david@harpersfarm.com  
Harpersfarm.com

*Find us on Facebook*

**FARM STAND CSA FARMERS  
MARKETS WHOLESALE**

**VEGETABLES | FRUIT | SPECIALTY  
CROPS | PRESERVES | HONEY  
FLOWERS | STRAW | SPRING  
STARTS | BEDDING PLANTS**

*A diversified fruit and vegetable farm growing over 100 varieties of Fresh Fruit and vegetables*

**SNAP | HIP | SENIOR COUPONS**

## HARVARD ALPACA RANCH

58 Old Mill Rd  
Harvard, MA 01451

### CONTACT

Matthew Varrell  
978-391-1247  
harvardalpacas@gmail.com  
harvardalpacaranch.com

*Find us on Facebook and instagram*

**BRICK & MORTAR ONLINE  
FARMERS MARKETS**

**MAPLE | FIBER PRODUCTS**

*5.7 acres of beautiful farmland, easily accessible from Route 495 and Route 2 in the heart of the apple country of Nashoba Valley. We take pride in providing our friendly alpaca herd the highest quality facilities to ensure happy and healthy alpacas which produce high quality fiber that we turn into first rate products. Open weekends and by appointment on weekdays for ranch tours and shopping in our Alpaca Shop.*

## HETTIE BELLE FARM

28 Winchester Rd  
Warwick, MA 01378

### CONTACT

Jennifer Core  
978-544-6241  
jennifer@hettiebellefarm.com  
hettiebellefarm.com

**CSA FARMERS MARKETS ONLINE**

**EGGS | BEEF | PORK | POULTRY  
TURKEY | OTHER MEAT**

*Family owned, organic grass-fed meat and poultry CSA. We raise ALL of our animals. Distribution in Brattleboro VT Keene NH, Florence, south Deerfield, Concord Dorchester and on farm in Warwick MA.*

**SNAP**

## HOLLIS HILLS FARM

340 Marshall Rd  
Fitchburg, MA 01420

### CONTACT

Jim Lattanzi  
978-696-3130  
jim@hollishillsfarm.com  
HollisHillsFarm.com

*Find us on Facebook*

**PYO**

**FRUIT | EGGS | MAPLE | FLOWERS  
WINE/BEER/CIDER | HAY**

*Scenic hilltop property atop Fitchburg's Marshall Road. Family-friendly activities including pick your own flowers, raspberries, peaches, apples, and pumpkins. Our season begins in March with maple season featuring sugar barn open houses and weekend breakfasts with live music. Retail store opens daily during the summer for ice cream. Visit us on summer weekends for homemade barbeque, live music and an outdoor bar.*

## HUBBARDS FARM

154 Houghton Rd  
Princeton, MA 01541

### CONTACT

Nancy & Annie Hubbard  
978-464-2041  
info@hubbardsfarm.com  
hubbardsfarm.com

*Find us on Facebook*

**FARM STAND FARMERS MARKETS**

**EGGS | POULTRY | BEEF | PORK  
OTHER MEAT | COMPOST | HAY**

*A 5th generation, family run farm in beautiful Princeton, MA. We offer our own farm raised beef, pork, chicken, goat, eggs and sweet corn. Our meats are available by individual cuts, value packs, whole/half beef and hog. The farm also offers square hay bales, round silage bales, wood pellets, composted cow manure, loam and bark mulch. Products vary by the season, visit our website for exciting updates.*

## IN THE MEADOW FARM

40 Page St  
Lunenburg, MA 01462

### CONTACT

Jacqueline Chabot  
978-696-3332  
inthemeadow40@gmail.com  
InTheMeadowAlpacas.com

*Find us on Facebook and instagram*

**BRICK & MORTAR FARM STAND  
FARMERS MARKETS ONLINE  
FIBER PRODUCTS**

*Small alpaca farm. We offer tours, private parties, and felting and knitting classes. Gift shop available on premises.*

## JK'S GOOD THYME FARM

103 Fitchburg Rd  
Ashburnham, MA 01430

### CONTACT

Kirby Lecy  
978-895-1028  
kirby@jkgoodthymefarm.com  
jkgoodthymefarm.com

*Find us on Facebook and instagram*

**CSA FARM STAND ONLINE  
FARMERS MARKETS**

**EGGS | POULTRY | PORK  
VEGETABLES | SPRING STARTS**

*A small family run farm in Ashburnham, MA. We strive to provide nutritious produce and eggs at an affordable price to supply our community with healthy, safe, sustainable and ethical food. Shop our annual plant sale in mid May. Visit our farm stand from May - October or shop our online store for meat, eggs, and herbal teas year round.*

**SNAP | HIP | SENIOR COUPONS**

## KOLJIAN FARM

70 Cushing St  
Ashburnham, MA 01430

### CONTACT

Kerry Koljian  
978-340-0990  
kerrykoljian@gmail.com  
koljianfarm.com

*Find us on Facebook and instagram*

**FARM STAND FARMERS MARKETS**

**VEGETABLES | SPECIALTY CROPS  
EGGS | FLOWERS | SPRING STARTS**

*We are a small family farm located on historic Meeting House Hill in Ashburnham, MA. We offer heirloom plants, vegetables, herbs, unique seasonal wedding, special occasion and unforgettable everyday floral sentiments, all grown on our farm.*

**SNAP | HIP | SENIOR COUPONS**

## LANNI ORCHARDS

294 Chase Rd / MA-13  
Lunenburg, MA 01462

### CONTACT

Lisa Lanni  
508-414-5356  
info@lanniorchard.com  
lanniorchard.com

*Find us on Facebook and instagram*

**FARM STAND CSA PYO ONLINE  
FARMERS MARKETS**

**VEGETABLES | FRUIT | SPECIALTY  
CROPS | PRESERVES | BEEF  
POULTRY | TURKEY | CHEESE  
HONEY | MAPLE | BAKED GOODS  
FLOWERS | FIREWOOD**

*Local Family Farm. Farm stand is open year round carrying all local Massachusetts products. We offer PYO fruits, corn maze, events, workshops, sunflower event, taste of locals. We are now carrying a great selection of local wines, craft beers and hard cider.*

**SNAP | HIP**

## LOCUST KNOLL FARM

155 Tuttle Rd  
Sterling, MA 01564

### CONTACT

Susan & Rob Phinney  
978-563-1834  
locustknollma@yahoo.com

**FARM STAND**

**EGGS | GOAT | COMPOST**

*Raising goats and chickens since 2009 on part of former dairy farm Locust Grove. Animals have pasture to graze in-season and large pens to explore when grass is not available. The goats have multiple purposes; the sale of kids, land management, and meat as sold as whole and half carcass and meat cuts. We also sell eggs and compost.*

## MANY HANDS ORGANIC FARM

411 Sheldon Rd  
Barre, MA 01005

### CONTACT

Julie Rawson & Jack Kittredge  
978-257-1192  
julie@mhof.net  
mhof.net

*Find us on Facebook and instagram*

**CSA WHOLESALE ONLINE**

**VEGETABLES | FRUIT | EGGS  
BEEF | PORK | POULTRY | TURKEY  
FLOWERS**

*Certified organic, nutrient dense, carbon sequestering vegetables, small and large fruits, chicken, pork, turkey, beef, eggs, canned and frozen products, lard, soap, and salves.*

**SNAP | HIP**

## MAPLEBROOK FARMSTEAD

155 Tuttle Rd  
Sterling, MA 01564

### CONTACT

Hannah Miller

*Find us on Facebook and instagram*

**EGGS | POULTRY | GOAT | HONEY  
FLOWERS | COMPOST**

*Nourishing Body, Soul, and Soil. On our 4th-generation family farm, we produce and sell eggs, chicken, flowers, honey, pumpkins and squash. All of our products can be purchased at our on-farm stand, which is open year-round 7 days a week from 9am- Dusk. We also offer pick-your-own flowers seasonally, and hiking with goats on the wooded trails of our 175 acre farm.*

## MESA FARM

67 Muschopauge Rd  
Rutland, MA 01543

### CONTACT

Dale Perkins  
508-886-6898  
dale.mesafarm@gmail.com  
mesafarmrutland.com

**FARMERS MARKETS ONLINE**

**VEGETABLES | OTHER MEAT  
HONEY | EQUESTRIAN**

*Mesa Farm is an 80 acre farm that uses sustainable production methods which integrate the land and livestock enterprises. In addition to various equine riding programs our horses provide draft power such as cultivating the one acre market garden. We also sell our own grass-fed lamb and wool.*

**SNAP | HIP**

## MINDFUL GARDEN FARM

1596 South St  
Barre, MA 01005

### CONTACT

Laurel Wilber  
978-355-3022  
laurel@fabstash.com

*Find us on Facebook*

**FARMERS MARKETS**

**VEGETABLES | FRUIT  
FLOWERS | SPRING STARTS  
FIBER PRODUCTS**

*We grow organic fruits and vegetables at our micro farm. We grow what we love, good wholesome nutritious vegetables and fruits.*

## NASHOBA VALLEY WINERY

100 Wattaquodock Hill Rd  
Bolton, MA 01740

### CONTACT

Richard Pelletier  
978-779-5521  
email@nashobawinery.com  
nashobawinery.com

**FARM STAND WHOLESALE  
WINE/BEER/CIDER**

*Nashoba Winery is 52-acre family farm producing wines, beers and fruit distillates. Seasonal pick your own apple and peach orchards, wine shop, tasting room, brewery, Zagat rated J's farm house restaurant and orchard food concessions May through October.*

## NICEWICZ FAMILY FARM

116 Sawyer Rd  
Bolton, MA 01740

### CONTACT

Kenneth Nicewicz  
978-779-6423  
nicewiczfarm@gmail.com  
nicewiczfarm.com

**FARM STAND WHOLESALE  
FARMERS MARKETS PYO**

**VEGETABLES | FRUIT**

*Nicewicz Family Farm is a three generation APR farm located in Bolton MA, just 7 minutes off Route 495. We grow apples, peaches, pears, plums, nectarines, apricots and blueberries along with assorted vegetables and flowers, including several hundred peony plants. We sell at various farmers markets, 2 in Worcester and 7 in surrounding Boston suburbs. Our farm stand opens in mid July through October. PYO in September and October with fruit and pumpkins and offer complimentary hay rides.*

**SNAP | HIP**



## NISSQUASSICK HILL FARM

249 Wallace Hill Rd  
Townsend, MA 01469

### CONTACT

Linda Mack  
978-660-2813  
nissiquassickhillfarmstead@gmail.com  
nissiquassickhillf.wixsite.com/mysite  
Find us on Facebook

### BRICK & MORTAR WHOLESALE

### EGGS | POULTRY | GOAT OTHER MEAT

We are a small boutique farm raising chickens, Boer goats and Icelandic sheep. We offer eggs, chicken, lamb and chevon meats. We also offer raw fleece and sheep and goat skins. Through our research of organic, permaculture and biodynamic gardening methods we have created a farmstead that reflects our interest in these modalities. Please call if you are interested in any of our products.

## OLD FROG POND FARM & STUDIO

38 Eldridge Rd  
Harvard, MA 01451

### CONTACT

Linda Hoffman  
fruit@oldfrogpondfarm.com  
oldfrogpondfarm.com  
Find us on Facebook and Instagram

### FARM STAND

### VEGETABLES | FRUIT | SPECIALTY CROPS | PRESERVES | HONEY

Old Frog Pond Farm is one of the few Certified Organic Orchards in Massachusetts. Every fall we open for pick your own apples and raspberries, and sell blueberries, salad greens, vegetables, jam and honey from our farm stand. We host an Annual Outdoor Sculpture Exhibit and gather for Plein Air Poetry and other community events throughout the year.

## PEASE ORCHARD

11 Phillipston Rd  
Templeton, MA 01468

### CONTACT

David Pease  
978-939-5324  
david@peaseorchard.com  
peaseorchard.com  
Find us on Facebook

### FARM STAND FARMERS MARKETS VEGETABLES | FRUIT

Located in Brooks Village, Templeton, Massachusetts, an area where you find a rare blend of altitude, soils, and climate that's perfect for growing crisp, juicy apples. That's why, in 1912, brothers Clarence and Lester Pease began "setting out" fruit trees. The first commercial orchard in the area, known for the quality of their apples.

### SENIOR COUPONS



## | STONE COW BREWERY

## PINEO FAMILY FARM

41 Tuttle Rd  
Sterling, MA 01564

### CONTACT

Michael Pineo  
978-422-7350  
pineofamilyfarm@aol.com  
pineofamilyfarm.com  
Find us on Facebook

### FARMERS MARKETS CSA VEGETABLES | FIREWOOD

The Pineo Family Farm is a family owned and operated farm. You won't find any corporate logos or imported vegetables at our stand, just quality fruits and vegetables grown in Sterling soil. At our farm, we know locally grown, fresh picked produce provides you and your family with the best taste and highest nutritional value available. Supermarket and imported produce can't even be compared.

## PLAIN VIEW FARM

130 Gardner Rd  
Hubbardston, MA 01452

### CONTACT

Keith & Debbie Tetreault  
978-820-1199  
ktetreault@charter.net  
plainviewfarmalpacas.com  
Find us on Facebook

### FARM STAND FARMERS MARKETS FIBER PRODUCTS | COMPOST

We are a small alpaca farm now in business for seven years. Currently we have 43 alpacas on the farm with three cria (babies) due July 2018. Our farm and gift shop are open 10-3 on Sundays plus special hours during the holidays. You can also call us for an appointment. We sell many items made with alpaca fiber such as socks, hats mittens, gloves, sweaters, dryer balls and more. We vend at many events throughout the year including the Westminster Farmer's Market, Sterling Fair, multiple events at Mt. Wachusett and the Johnny Appleseed Fair at the Red Apple Farm in Phillipston.

## RED APPLE FARM

455 Highland Ave  
Phillipston, MA 01331

### CONTACT

Albert Rose  
978-249-6763  
al@redapplefarm.com  
RedAppleFarm.com  
Find us on Facebook and Instagram

### FARM STAND VEGETABLES | FLOWERS

A 4th Generation New England Family Farm. PYO: Apples (50 Varieties!), Peaches, Pears, Blueberries, Raspberries, Pumpkins, Potatoes and Sunflowers. Hayrides, Weekend BBQ's, Brew Barn, Cider Taproom and Garden, Farm Animals, Hiking Trails, Picnic Pavilion. Fresh-Baked Goods, Hot Cider-Donuts, Home-Made Fudge, All-Natural Cider, Fruit-Topped Ice Cream and more... Come see us at Farm and at the Boston Public Market (both Open Year-Round!) and come Winter at Wachusett Mountain Ski Area.

### SNAP | HIP

## RED EFT FARM

471 Crocker Rd  
Fitchburg, MA 01420

### CONTACT

Alfred Gadway  
978-407-3386  
ashbyredefthfarm@gmail.com  
Find us on Facebook and Instagram

### FARM STAND CSA FARMERS MARKETS

### VEGETABLES | EGGS | POULTRY MAPLE | FLOWERS

Red Eft Farm is an organic and heirloom mixed vegetable farm based in North central Massachusetts in a small rural community. We have expanded into chickens and provide organic free range eggs. The farm offers 12, 14 and 16 weekly food club options (CSA). WE also offer an egg add on and delivery for a small fee. We use organic seed whenever possible and grow as many different colors of vegetables as possible. We also tap trees for maple syrup and bring sap to a family members house to be boiled down into maple syrup.

### SNAP | HIP

## RED RIVER FARM AND LANDSCAPE SUPPLY

175 E Main St  
West Brookfield, MA 01585

### CONTACT

Julie Towlson  
508-637-1683  
redriver175@gmail.com  
Find us on Facebook

### FARM STAND CSA

### FRUIT | EGGS | BEEF | PORK POULTRY | TURKEY | HONEY HAY | COMPOST | FIREWOOD

We have been locally grown and family owned since 2014. On our farm we pasture raise/ brewer's grain supplemented pork, beef, and chicken. In our farm store we a variety of locally grown products such as raw honey, jams and jellies, as well as fresh roasted Brown and Jenkins coffee. You can also order fresh Turkeys and pies for Thanksgiving and Hams for Christmas. Our animals are on sight and love visitors. In our yard we stock landscape materials such as mulch, stone, topsoil, compost and more. Firewood is processed and sold all year long on the farm as well. Stop in and ask about our meat shares and meat packages. We hope to see you on our farm soon.

## ROCKY ACRES FARM

95 Chace Hill Rd  
Sterling, MA 01564

### CONTACT

Blue Favreau  
978-365-3891  
bluefavreau@comcast.net  
rockyacresfarmma.com

### FARM STAND

### BEEF | PORK | GOAT COMPOST | FIREWOOD

Rocky Acres Farm is located in Sterling Ma. It has been owned by the Favreau family since 1938. We provide quality, local grass fed beef and pasture raised pork. Our animals are raised humanly without antibiotics or hormones. Pick up is by appointment only. Call to set up a time.

## ROTA SPRING FARM

117 Chace Hill Rd  
Sterling, MA 01564

### CONTACT

David Rota  
978-365-9710  
rotaspring@comcast.net  
rotaspringfarm.com  
Find us on Facebook

### FARM STAND PYO

### VEGETABLES | FRUIT | BEEF HONEY | PRESERVES BAKED GOODS | HAY

Wide variety of vegetables and fruits grown right here on our farm. Corn, tomatoes, variety of squash, berries, peaches, and so much more. No GMOs and always the freshest selection. Hayrides to pick your own pumpkins in the fall. Grass fed beef and goat meat. 58 award winning homemade ice cream flavors made right here on the premises.

## SEVERANCE MAPLE PRODUCTS

48 Pierson Rd  
Northfield, MA 01360

### CONTACT

Milton Severance  
413-834-7938  
cranemaster5000@yahoo.com  
**BRICK & MORTAR WHOLESALE  
MAPLE**

We are a family business located in Northfield. Our sugarhouse is open to the public on a call ahead for boiling times in the month of March. We sell our Maple Products to restaurants and stores in our area. During summer and fall weekends we set up at craft and agricultural fairs for customers to purchase.

## SHEPHERD FAMILY FARM

55 Main St  
Townsend, MA 01469

### CONTACT

Andrew Shepherd  
978-302-1364  
andrew.shepco@gmail.com  
shepherdfarminc.com  
Find us on Facebook

### ONLINE

### TURKEY | HAY | STRAW

Shepherd Family Farm has been in operation for over 100 years perfecting their agricultural crops and producing some of the finest products in Central Massachusetts. Some of our services include: Rotary Mowing, Field Preparation, Large Acreage Mowing and Haying, Soil Improvement and Land Remediation, Locally Raised Fresh Holiday Turkeys, Locally Raised Fresh Chicken, Naturally Raised Beef, Apple Cider, and Wood milling

## SHOLAN FARMS

1125 Pleasant St  
Leominster, MA 01453

### CONTACT

Joanne DiNardo  
978-840-3276  
info@sholanfarms.com  
sholanfarms.com  
Find us on Facebook

### FARM STAND PYO FARMERS MARKETS WHOLESALE VEGETABLES | FRUIT | HONEY BAKED GOODS | FLOWERS FIREWOOD

Sholan Farms specializes in U-Pick apples, raspberries, blueberries, and peaches. We offer both retail and wholesale pricing. We also grow seasonal vegetables and sell our own honey. We are open in December for Christmas Tree sales. The farm is open year round for seasonal passive recreation.

### SNAP | HIP

## STONE HARVEST FARM

60 Hardwick Rd  
Petersham, MA 01366

### CONTACT

Jana Dengler  
978-906-1455  
jedengler10@yahoo.com  
stoneharvestfarm.com  
Find us on Facebook

### FARMERS MARKETS

### EGGS | POULTRY | GOAT | FIBER PRODUCTS | FIREWOOD | EGGS POULTRY | GOAT | TURKEY

Fiber and food farm, cashmere goats for fiber and meat, Tibetan yaks for fiber and poultry, free range, organic eggs, chickens and turkeys.

## SUNNY CREST ORCHARDS

24 Hawkins Ln  
Sterling, MA 01564

### CONTACT

Broderick  
508-612-6627  
willygoat24@hotmail.com

### WHOLESALE

### FRUIT | FIREWOOD

Established in 1880 Sunny Crest Orchards is a wholesale grower of Apples, Peaches, Plums and Nectarines which are conventionally grown using IPM practices. Fruits are offered for sale at many local farm retail markets in Mass, New Hampshire and Rhode Island.

## SUNSET VIEW FARM

157 Gardner Rd  
Winchendon, MA 01475

### CONTACT

Charles & Olivia Tarleton  
978-297-2305  
liv\_chuck@yahoo.com  
Find us on Facebook

### FARM STAND

### VEGETABLES | MAPLE PRESERVES | BEDDING PLANTS CUT FLOWERS

Now in our 40th year, our farm, located on Route 140 between Gardner and Winchendon, is run on the principle of "the highest quality vegetables and fruit picked fresh daily." A wide range of veggies, cut flowers, assorted herbs and berries are picked every morning from 5 acres of gardens in the fields behind our farm stand. Fresh corn, peaches and apples are added from nearby farms, and we carry our own maple syrup, local fruit jams and vegetable starter plants in May and June. Please stop by and taste the difference!

## SURFING GOAT SOAPS AT HAMES & AXLE FARM

Stewart 18 Kraetzer Rd  
Ashburnham, MA 01430

### CONTACT

Patricia Stewart  
978-827-1305  
Farm@hamesaxle.com  
surfinggoatsoaps.com  
Find us on Facebook and Instagram

### FARMERS MARKETS ONLINE

Farmers make soap too. At Hames and Axle Farm we raise Nigerian dwarf goats for their milk. From that milk we make small batch goat milk soaps and other products. We strive to make things all natural, easy on the skin and worth the time to go out of the way to find them.



# taste the difference



OUR LITTLE COUNTRY FARM MILLS OUR OWN ORGANIC, NON-GMO FEED ON FARM AND WE CARE FOR OUR HENS HUMANELY IN CAGE FREE BARN WITH FREE RANGE ACCESS. THIS RESULTS IN A DIFFERENCE YOU CAN TASTE AND SEE—HIGH QUALITY ORGANIC OMEGA EGGS WITH ADDED NUTRIENTS THAT HAVE A FARM FRESH TASTE YOU'LL LOVE.

## LOCAL EGGS FROM HUBBARDSTON, MA

Farm Sales For Country Hen Eggs Are Available At Country Trail In Hubbardston, MA. Please Call For Their Hours (978) 928-4472.

FOR A FULL LIST OF STORES THAT CARRY OUR EGGS, VISIT [WWW.COUNTRYHEN.COM](http://WWW.COUNTRYHEN.COM)

### THE COUNTRY HEN

16 Williamsville Rd  
Hubbardston, MA 01452

#### CONTACT

Sotheary Hom  
978-928-5333  
customerservice@countryhen.com  
countryhen.com

Find us on Facebook and Instagram

#### BRICK & MORTAR

#### EGGS

We produce the very best organic, omega-3 eggs. Your local source for Certified Organic, Certified Humane eggs from free range hens. We mill our own feed at the farm from the highest quality organic ingredients which helps our hens produce a large egg with 300 mg of Omega-3s (including DHA, EPA, and ALA), 550 mcg Lutein and Zeaxanthin, 160 mg Choline, and 125 IUs Vitamin D.

### THE FLOWER HUTCH

42 Bayberry Hill Rd  
West Townsend, MA 01474

#### CONTACT

Keith Hutchins  
978-597-0062  
keith@flowerhutchma.com  
flowerhutchma.com

Find us on Facebook

#### WHOLESALE

#### BEDDING PLANTS | FLOWERS SPRING STARTS

We produce a wide variety of plant material, including Premium Hanging baskets, Herbs, Perennials, Dahlias, Ranunculus, Fairy Plants and much more. Holiday season offerings: Pointsettias and Greens for Christmas, lilies and bulbs for Easter, and potted material for Mother's Day.

### THE LITTLE WHITE GOAT DAIRY

309 Gidney Rd  
Orange, MA 01364

#### CONTACT

Rachel Scherer  
978-790-1240  
littlewhitegoatdairy@gmail.com  
littlewhitegoatdairy.com

Find us on Facebook and Instagram

#### FARM STAND FARMERS MARKETS

#### EGGS | PORK | GOAT GOAT CHEESE

Yogurt, Kefir, Cheeses (fresh and aged) made on farm with milk from our LaMancha dairy goats. We also offer pasture raised pork and goat, and eggs.

### TIMBERLOST FARM

327 Ashby Rd  
Ashburnham, MA 01430

#### CONTACT

Candace Wright  
978-815-7956  
wright@timberlostfarm.com  
timberlostfarm.com

Find us on Facebook

#### FARMERS MARKETS

#### BEEF | HAY | FIREWOOD

Family owned 150 acre farm in North Worcester County specializing in Pasture-Raised Beef. We devote our efforts to the well-being of our animals. Our cattle receive the best of care, rotational grazing, no hormones or additives are utilized. If you want to know where your beef came from; we are the farm for you.

### WESTFIELD FARM

28 Worcester Rd  
Hubbardston, MA 01452

#### CONTACT

Robert Stetson  
978-928-5110  
stetson222@verizon.net  
chevre.com

#### FARM STAND WHOLESALE ONLINE

#### GOAT CHEESE | CHEESE

We make specialty cheeses from both cow and goat's milk, including the nationally acclaimed Classic Blue Log and Bluebonnet.

### WESTWARD ORCHARDS

178 Mass Ave  
Harvard, MA 01451

#### CONTACT

Kerri Green  
978-456-8363  
info@westwardorchards.com  
westwardorchards.com

Find us on Facebook and Instagram

#### BRICK & MORTAR FARM STAND CSA PYO WHOLESALE

#### VEGETABLES | FRUIT | PRESERVES SPECIALTY CROPS | EGGS | BEEF PORK | POULTRY | TURKEY | MILK CHEESE | HONEY | MAPLE | BAKED GOODS | FLOWERS | FIREWOOD

A 4th generation, family owned and operated farm in Harvard, MA offering a diverse selection of fruits & vegetables and offer a 15+ week CSA farm share program. Shop our farm store for #westwardgrown fresh produce, apple cider donuts we make daily, local meats, eggs, dairy and more. PYO; blueberries in summer, apples and pumpkins in fall.

### WILDWOOD FARM

50 Woods Rd  
Westminster, MA 01473

#### CONTACT

Gretchen Foster  
978-340-8347  
rgwildwood@aol.com  
wildwfarm.net

#### FARM STAND PYO FARMERS MARKETS WHOLESALE ONLINE

#### EGGS | BEEF | PORK | POULTRY TURKEY | HONEY | MAPLE HAY | FIREWOOD | EQUESTRIAN

A 3 generation family run farm in North Central Massachusetts. We offer Farm raised beef, pork and chicken, our own Maple syrup, Firewood, Horse boarding and lessons

### WINDY KNOLL FARM

269 Gray Rd  
Templeton, MA 01468

#### CONTACT

Tim Rotti  
978-502-1072  
ashley.rotti@gmail.com  
Find us on Facebook

#### FARM STAND PYO FRUIT | FIREWOOD

A small family run farm, featuring pick your own blueberries, farm stand blueberries and firewood. Check our Find us on Facebook page for up to date field conditions and picking hours.

### WORLD FARMERS / FLATS MENTOR FARM

769 Main St  
Lancaster, MA 01523

#### CONTACT

Jessy Gill  
978-706-7935  
staff@worldfarmers.org  
worldfarmers.org

Find us on Facebook and Instagram

#### FARMERS MARKETS

#### VEGETABLES | SPECIALTY CROPS FLOWERS

Flats Mentor Farm, a program of World Farmers, provides access to land, infrastructure, training, and marketing assistance for immigrant and refugee farmers who want to learn how to start a farming business. Farmers at Flats Mentor Farm produce 60 acres of crops, specializing in ethnic crops. Flats Mentor farmers market their crops to several wholesale markets including grocers, schools, restaurants, mobile markets, and our CSA, while also selling retail at farmers' markets and churches. This program offers farmers hands on experience, a chance to feed their families, to rebuild their cultural roots, and to teach the next generation of farmers

#### SNAP | HIP | SENIOR COUPONS



FLATS MENTOR FARM |



# SOUTH CENTRAL MASSACHUSETTS

## ABUNDANCE FAMILY FARM

3 Number 6 Schoolhouse Rd  
Charlton, MA 01507

### CONTACT

Luke Deciccio  
abundance.csa.ma@gmail.com  
abundancefamilyfarm.com

### FARM STAND CSA FARMERS MARKETS

### VEGETABLES | SPECIALTY CROPS FLOWERS | BEDDING PLANTS

We are a beyond organic low till farm specializing in high quality produce, flowers and microgreens. Our farm practices are focused on building soil sequestering carbon and increasing biodiversity on our small farm.

SNAP | HIP

## COOKS FARM ORCHARD

106 Haynes Hill Rd  
Brimfield, MA 01010

### CONTACT

James & Lisa Lamothe  
413-245-3241  
cooksorchard@gmail.com  
cooksfarmorchard.com

Find us on Facebook

### FARM STAND PYO

### FRUITS

Pick Your Own Apples, Plums, and Blueberries. Follow us on Facebook or call for directions, hours, and picking conditions. Open seasonally.

## CROWN & ROOTS FARM

126 Federal Hill Rd  
Oxford, MA 01540

### CONTACT

Nick Rozowsky & Abbey Murphy  
508-864-5449  
crownandrootsfarm@gmail.com  
crownandrootsfarm.com

Find us on Facebook and Instagram

### CSA FARM STAND WHOLESALE

### VEGETABLES | EGGS | HONEY FLOWERS

A vegetable and flower farm located in Oxford, MA for our third season. All produce organically grown on a 1.5 acres of land. Produce and flowers are available through our CSA programs: 20-Week Veggie Share (June to October), Spring Flower Share, Summer Flower Share, and Dahlia Share. We bring our fresh produce to local restaurants through farm-to-chef partnerships. Stop by our farmstand Saturdays and Sundays, May-October.

## DOUGLAS ORCHARD & FARM

36 Locust St  
Douglas, MA 01516

### CONTACT

Patricia Socrat  
508-864-9910  
douglasorchardandfarm@gmail.com  
douglasorchardandfarm.com

Find us on Facebook and Instagram

### BRICK & MORTAR CSA PYO FARMERS MARKETS

### VEGETABLES | FRUIT | SPECIALTY CROPS | PRESERVES | EGGS | PORK POULTRY | OTHER MEAT | HONEY WINE/BEER/CIDER | SPRING STARTS FIREWOOD

Pick your own blueberry and apple orchard. We produce a wide variety of no spray vegetables, mushrooms, herbs. At our country store, we sell organic chicken and duck eggs. Farm raised pork, lamb, organic chickens, locally sourced beef, alpaca. Local raw honey, maple syrup, jams and many locally made artisan crafts. Farm tours, Festivals, workshops, concerts, weddings, B-Day parties. Open year round with varying hours.

## EMMAS ACRES ALPACAS

105 Charlton St  
Oxford, MA 01540

### CONTACT

Roger, Collette & Amanda Gage  
508-987-5940  
emmasacresalpacas@gmail.com  
emmasacresalpacas.com

Find us on Facebook

### FIBER PRODUCTS

We are a small family farm in South Central Massachusetts. We have had Alpacas since 2002. We have raw fiber, roving and natural colored yarn from our alpacas, we also belong to a co-op in Fall River, Massachusetts. Alpaca is very soft, light and warm, yet breathes and considered hypoallergenic. So stop by or check us out on the web to see the full line and the history of our farm. Our animals are the Fiber of our Farm. Check our website or social media to see where we are each day!

## FARMER TIM'S VEGETABLES

110 Ramshorn Rd  
Dudley, MA 01571

### CONTACT

Tim Carroll  
857-334-3121  
tim@farmertims.com  
farmertims.com

Find us on Facebook

### FARM STAND CSA

### VEGETABLES | FLOWERS

Our goal is to provide high quality and tasty food for our community while maintaining transparency in our growing practices. We grow over 50 different kinds of vegetables each year, and offer them to our CSA and Farmstand customers as they are in season. Our farmstands are open from June through most of October and will have a variety of great produce every week.

SNAP | HIP | SENIOR COUPONS

## FAY MOUNTAIN FARM

12 Cemetery Rd  
Charlton, MA 01507

### CONTACT

Neil Johnson  
508-248-7237  
kettlebrookfarms@gmail.com  
Faymountainfarm.org

Find us on Facebook

### BRICK & MORTAR FARM STAND CSA PYO FARMERS MARKETS WHOLESALE

### VEGETABLES | FRUIT | PRESERVES EGGS | BEEF | PORK | HONEY MAPLE | BAKED GOODS HAY | STRAW

Small farm focusing on quality fruit and vegetables. Fay Mountain Farm is dedicated to building a wonderful CSA and PYO farm with the availability of Non-GMO pork and grass fed beef, as well as baked goods! Fay Mountain also provides other local products in their store. Home of Unpasteurized Cider!

SNAP | HIP

## HEBERT HONEY

10 Lind St  
Oxford, MA 01540

### CONTACT

David Hebert  
508-864-2538  
Davidjhebert@charter.net  
Heberthoney.com

Find us on Facebook

## FARM STAND WHOLESALE ONLINE HONEY

Founded in 1990 with several hives and little experience. Today we have grown to include wholesaling our products to stores and farm stands. We attend shows and Fairs each year to sell our 100% Natural Beeswax products. The volume of our honey business has grown so much; we have partnered with the best beekeepers in the area and New England to provide the finest Local Honey available. We look forward to serving your business and personnel needs.

## HOULDEN FARM

139 Old Westboro Rd  
North Grafton, MA 01536

### CONTACT

Trevor Houlden  
508-839-2409  
HouldenFarm@gmail.com  
houldenfarm.com

Find us on Facebook and Instagram

### FARM STAND FARMERS MARKET PYO

### VEGETABLES | FRUIT | EGGS PRESERVES | BAKED GOODS BEDDING PLANTS | FLOWERS SPRING STARTS | HAY | FIREWOOD

A small family-owned and operated produce farm that plans to ensure this opportunity for the next generation. It is our goal to provide fresh, nutritious, quality produce to our local community. We strive to use the safest methods to grow the highest quality plants and vegetables that are raised in an environmentally responsible way.

## NORTHSIDE FARM

273 Stafford St  
Charlton, MA 01507

### CONTACT

Mary Burlingame  
508-248-5379  
mburlingam@aol.com

### BRICK & MORTAR

### SPRING STARTS | BEDDING PLANTS

Family owned retail greenhouses growing our own spring flower and vegetable transplants, specialty annuals and over 1000 hanging baskets. Open daily May 1 until sold out mid June. We grow our own mums during the summer, opening Labor Day weekend and then Thursdays thru Sundays until mums are sold out

## OXFORD FARMS

103 Federal Hill Rd  
Oxford, MA 01540

### CONTACT

Theresa Cohen  
617-697-8602  
theresa.oxfordfarms@gmail.com  
oxfordfarmsma.com

Find us on Facebook

### FARM STAND CSA ONLINE

### VEGETABLES | BEEF | POULTRY OTHER MEAT

Oxford Farms practices regenerative and holistic farming. Our cattle and sheep pasture rotations increase biodiversity, water and mineral cycling. We do not use synthetic fertilizers, pesticides, herbicides, antibiotics or added hormones. Our animals consume clean well-water, apple cider vinegar, free choice salt, minerals, clay and kelp. They are never fed grain so their meat has healthful levels and types of fat and vitamins.

## PURE BS MAPLE SHACK

149 Central St  
Auburn, MA 01501

### CONTACT

Bruce Hopper  
508-832-7008  
purebsmapleshack.com

Find us on Facebook

### BRICK & MORTAR WHOLESALE FARMERS MARKETS ONLINE MAPLE

Family run maple sugaring. Our products are made with love and laughter and a sweetness of simpler times. Three grades of maple syrup, maple cream, candy and sugar. Our syrup has been featured in local donuts, granola, latte, ice cream, beer, the infused and restaurant dishes. Come taste the fun.

## SIGNAL ROCK FARM

62 H K Davis Rd  
Charlton, MA 01507

### CONTACT

Marianne McCarthy  
508-248-1845  
marianne@signalrockfarm.com  
signalrockfarm.biz

Find us on Facebook and Instagram

### FARM STAND

### OTHER MEAT | FIBER PRODUCTS

Signal Rock Farm produces high quality

horse and livestock hay from 100 acres of fertilized and sustainably managed fields. We produce ree ranging/grass fed lamb meat and wool products. The lambs are born in early spring and stay with their moms, siblings and guard llama's all summer and fall grazing lush hay fields and abundant pastures. We never give feed grade hormones or antibiotics. We sell by the cut or as whole and half lambs directly from the farm.

## TANGERINI'S SPRING STREET FARM

139 Spring St  
Millis, MA 02054

### CONTACT

Linda Chiarizio  
508-376-5024  
tangerinifarm@gmail.com  
tangerinifarm.com

Find us on Facebook

### FARM STAND CSA PYO FARMERS MARKETS WHOLESALE ONLINE

### VEGETABLES | FRUIT | SPECIALTY CROPS | PRESERVES | EGGS | BAKED GOODS | FLOWERS | SPRING STARTS BEDDING PLANTS

Tangerini's Farm is a 67 acre fruit and vegetable farm boasting several PYO opportunities throughout the season. In addition to the farm stand, the farm also has an ice cream shop and farm-to-table café serving breakfast and lunch daily. The farm stand, ice cream shop and café are open daily from May 1st through Thanksgiving.

SNAP | HIP | SENIOR COUPONS

## TOWN LINE DAIRY FARM

64 Williams St  
Upton, MA 01568

### CONTACT

Crystal Maloney  
508-529-6039  
townlinedairyfarm@yahoo.com  
Townlinedairyfarm.com

Find us on Facebook and Instagram

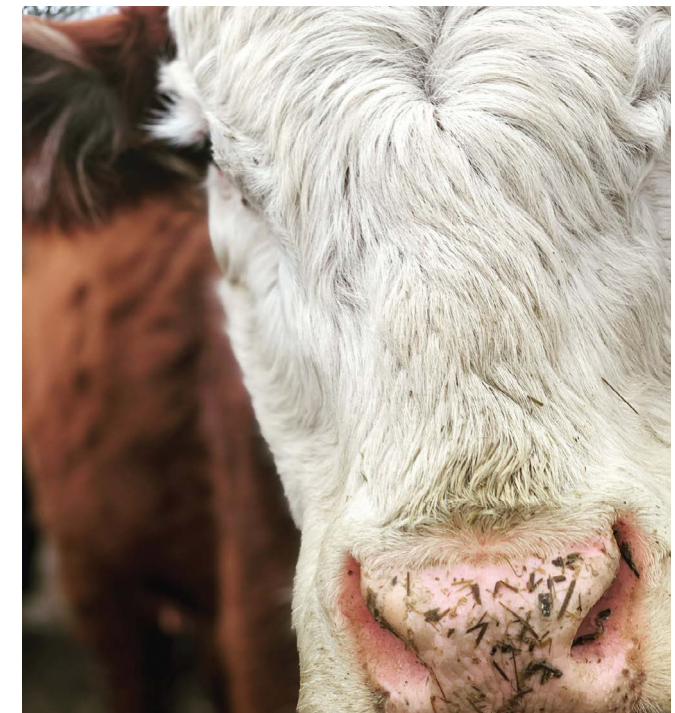
### FARM STAND FARMERS MARKETS

### VEGETABLES | SPECIALTY CROPS EGGS | BEEF | PORK | POULTRY GOAT | TURKEY | OTHER MEAT MILK | HONEY | MAPLE | COMPOST

Home grown beef, pork, goat. Pasture raised turkey and chicken. Eggs, Seasonal produce. Local products such as milk, honey, and maple syrup.

## FARMER-SUBMITTED PHOTOS

**TOP TO BOTTOM:**  
FIELD WORKERS, DISMAS FARM;  
COW, LOCUST KNOLL FARM;  
GREENS IN THE GREEN HOUSE,  
DOUGLAS ORCHARD & FARM.





## WALNUT LANE FARM

33 Koebke Rd  
Dudley, MA 01571

### CONTACT

Jim & Krisanne Koebke  
508-245-8826  
ameradaholsteins@charter.net  
walnutlanefarm.com

Find us on Facebook and Instagram

### FARM STAND FARMERS MARKETS CSA WHOLESALE

EGGS | BEEF | PORK | POULTRY  
RAW MILK | MAPLE | COMPOST

Fifth generation family farm offering our own grass-fed & grass-finished beef, raw milk, eggs, pork, & chicken. We take pride in the care we give our animals & the excellent quality of the resulting products! We share our customers' goal of caring for our family by giving them nourishing whole foods raised right here. Look your farmer in the eye!

## WHITTIER FARMS

90 Douglas Rd  
Sutton, MA 01590

### CONTACT

Samantha Staebner  
508-865-1053  
info@whittierfarms.com  
whittiers.com

Find us on Facebook and Instagram

### BRICK & MORTAR WHOLESALE ONLINE

VEGETABLES | FRUIT | BEEF | MILK  
HONEY | BAKED GOODS | HAY  
STRAW | COMPOST

In the western corner of Sutton, Whittier Farms strives to keep agriculture alive and well in through stewardship of the land and animals, diversification, and sustainability. Our farm store welcomes visitors year-round offering the bounty of our seasonal harvests, homemade meals and desserts, and our own beef, in addition to hay, and compost from our farm. Whittier Farms is proud to be one of the dairy farmer-owners of the Agri-Mark/Cabot Creamery Cooperative.

## Brookfield Orchards

Pick Your Own  
Farm Store  
Festivals  
Playground

Open Year Round  
9 am - 5 pm



Hot Apple Dumplings & Ice Cream  
Apple Pies  
Cider Donuts  
Cider  
Cheese  
Candy  
Honey & Maple  
Jellies & Relish  
Antiques  
& MORE!

12 Lincoln Rd, North Brookfield MA  
(508) 867-6858 (877) 622-7555  
www.BrookfieldOrchardsOnline.com

## Browse the Brookfields Celebrating 27+ Years!



Stop and Enjoy the Unique Flavor of our Specialty Shops, Restaurants and ..Destinations..

### Visit us:

- The Clock Barn
- North Brookfield Savings Bank
- North Brookfield Subway
- Salem Cross Inn
- Post & Boot
- Rob & Ruth Lyon Antiques
- Brookfield Orchards
- Purple Onion
- Bogey Lanes
- Ye Olde Tavern
- Quaboag Book Shop
- Tip Top Country Store
- E.B. Flatts
- 308 Lakeside

From Rte. 20 in Sturbridge: Follow Rte. 148 or Rte. 49 to Rte. 9 about 7 miles. Most Brookfield locations are on or accessible from Rte. 9.

[www.browsethebrookfields.com](http://www.browsethebrookfields.com)



## join us for

farm to table  
breakfast & lunch  
bakery items  
local artisan goods  
specialty coffee  
craft beverages  
special events

visit us on  @theroseroomcafe  
or [www.theroseroomcafe.com](http://www.theroseroomcafe.com)  
4 E. Main St., Webster, MA

# FOOD: BY REGION

## CENTRAL MASSACHUSETTS

### ABBY'S FAMOUS DOG TREATS

26 Beaconsfield Rd  
Worcester, MA 01602

### CONTACT

Diane Duratti  
508-873-1543  
dianeduratti@gmail.com  
abbyfamousdogtreats.com  
Find us on Facebook

### BAKED GOODS

At Abby's, we lovingly handcraft dog treats with consciously sourced ingredients. We grind peanuts, purchase vegetables from local farms and responsibly purchase ingredients from local vendors when possible. Our treats do not contain preservatives. We offer grain free and vegetarian treats along with other options on request.

### ARMSBY ABBEY

144 Main St  
Worcester, MA 01608

### CONTACT

Sherri Sadowski  
508-795-1012  
armsbyabbey@gmail.com  
armsbyabbey.com  
Find us on Facebook and Instagram

One of the premier craft beer destinations in the world! Featuring a world class selection of 22 rotating draughts, hand-crafted cocktails, small batch wine, and rustic farmhouse fare; Armsby celebrates the conscientious SLOW Food ideals and artisan craftsmanship in everything they do. They offer a comforting, seasonal menu that showcases local farms from around New England for brunch (weekends only), lunch and dinner service.

### B-ORGANIC

7 Lambert Cir #1089  
Worcester, MA 01605

### CONTACT

Cathy DiPilato  
508-545-4115  
Cathy@B-OrganicMA.com  
b-organicma.com

Find us on Facebook and Instagram

**FARM STAND CSA WHOLESALE  
FARMERS MARKETS ONLINE**

Our Produce Bags are made from 100% Organic Cotton and are G.O.T.S. Certified. On an average Food will last 10 days to 4 weeks longer in the bag because it allows proper air circulation compared to food in a plastic bag. The designs are made from Fruit Juices and Vegetables Oils making our bags 100% environmentally friendly.

### B.T.'S SMOKEHOUSE

318 Park Ave  
Worcester, MA 01609

392 Main St  
Sturbridge, MA 01566

### CONTACT

Brian Treitman  
774-530-6152  
brian@btsmokehouse.com  
btsmokehouse.com  
Find us on Facebook and Instagram

### BRICK & MORTAR

B.T.'s Smokehouse is a dry-rubbed and slow-smoked barbecue restaurant with three locations; downtown Sturbridge, Park Ave in Worcester and the Polar Park Stadium also in Worcester. Focusing on Southern-style cuisine, the menu offers natural grass-fed beef, chicken, pork, and other meats that have been dry rubbed and slow smoked for up to 24 hours with local apple and hickory woods. In addition to standard barbecue fare, the restaurant also offers more unusual entrees such as smoked salmon, chili made with brisket meat, and smoked turkey and chicken. BYOB.

### BIRCHTREE BREAD COMPANY

138 Green Street, Suite 5  
Worcester, MA 1604

### CONTACT

Robert Fecteau  
774-243-6944  
birchtreebakingcompany@gmail.com  
birchtreebreadcompany.com  
Find us on Facebook and Instagram

**BRICK & MORTAR WHOLESALE  
FARMERS MARKETS**

### BAKED GOODS

A bakery/cafe that specializes in artisan breads, pastries, sandwiches, and fair-

trade coffee. We source as much local and organic food as we possibly can (including grain used in our breads.) We are open Tuesday through Sunday. Please visit our website to find out more.

### BOLTON AGRICULTURAL COMMISSION

156 Green Rd  
Bolton, MA 01740

### CONTACT

Conor Nagle  
617-999-0845  
boltonagcom@gmail.com  
townofbolton.com  
agricultural-commission  
Find us on Facebook

Through education and promotion, encouraging and supporting the pursuit of agriculture and creating awareness of Bolton's agricultural activities.

### BROWSE THE BROOKFIELDS

44 Spring St  
North Brookfield, MA 01535

### CONTACT

Carolyn Davenport  
508-867-7475  
Browsethebrookfields@verizon.net  
browsethebrookfields.com

A group of area businesses whose goal is to promote the History and Beauty of the area to encourage tourism. Our group includes Restaurants, Shops, Destinations and Services.

### CENTRAL MA REGIONAL PLANNING COMMISSION

1 Mercantile St #520  
Worcester, MA 01608

### CONTACT

Janet Pierce  
508-756-7717  
jpierce@cmrpc.org  
cmrpc.org  
Find us on Facebook

CMRPC is the designated regional planning entity for the southern two-thirds of Worcester County. Beginning in 2012, CMRPC began studying the region's agricultural economy and now works with farmers, institutions, markets, and

To complete the local food cycle our farmers need the support of chefs, retailers, wholesalers and organizations. Without these partners our food system would be incomplete.

others to explore how to improve the efficiency of moving products from farm to market.

### DEADHORSE HILL

281 Main St  
Worcester, MA 1604

### CONTACT

Jared Foreman  
774-420-7107  
info@deadhorsehill.com  
www.deadhorsehill.com  
Find us on Facebook and Instagram

### BRICK & MORTAR

A refined American restaurant & cafe in the heart of Worcester's City Square. Built on a passion for food, innovation, and sincere hospitality, it celebrates New England bounty with advanced technique in a comfortable, welcoming environment. Owned and operated by Jared Foreman and Sean Woods, veterans of top restaurants in New York and Boston, and entrepreneur Albert LaValley, deadhorse hill melds upscale cuisine and creative craft cocktails with approachability and fun.

### EAST QUABBIN LAND TRUST

120 Ridge Rd  
Hardwick, MA 1037

### CONTACT

Cynthia Henshaw  
413-477-8229  
eqlt@comcast.net  
eqlt.org

Find us on Facebook and Instagram

The East Quabbin Land Trust works to foster the sustainable use of our natural and historical resources for the benefit of all generations through the conservation and stewardship of the farmlands, woodlands, and waters in our region of Mass. Working with private landowners we have facilitated the conservation of over 3,500 acres, are developing a 2-mile section of the Mass Central Rail Trail and complete numerous land stewardship practices each year. The general public is invited to explore our 850 acres of land in Hardwick, Barre and New Braintree.





PHOTO: BRIAN SAMUELS, 2017  
CHEESE PLATE BY ARMSBY ABBEY

### EDIBLE WORCESTER

Worcester, MA

#### CONTACT

Tara Taft  
info@edibleworcester.com  
edibleworcester.com  
Find us on Facebook and Instagram

A print and online magazine dedicated to celebrating the local food producers and farmers in the city and county of Worcester.

### FARMER AND THE FORK CAFE

11 French Dr  
Boylston, MA 01505

#### CONTACT

508-869-6111  
cafe@towerhillbg.org  
towerhillbg.org/farmer\_and\_the\_fork  
Find us on Facebook and Instagram

#### BRICK & MORTAR

Farmer and the Fork Cafe is located at Tower Hill Botanic Garden and serves a menu of locally-sourced, healthy, delicious and prepared-to-your-order meals in a fine casual setting.

### GLAZY SUSAN

50 Foster St  
Worcester, MA 01608

#### CONTACT

Joseph Skrzek  
glazysusan@gmail.com  
glazysusan.com  
Find us on Facebook and Instagram

#### BRICK & MORTAR FARMERS MARKETS

#### BAKED GOODS

Glazy Susan is Worcester's first specialty doughnut company. We make our doughnuts from scratch utilizing local ingredients as much as possible. As doughnut lovers, we travel the country and the world tasting the best artisanal doughnuts in each city we visit. We would always return to our lifelong home of Worcester wondering why we didn't have doughnuts like the ones we've enjoyed. So in 2018, we decided to bring specialty doughnuts to Worcester through pop-ups, now you can visit us at our retail location at the DCU center!

### HARDWICK FARMERS COOPERATIVE EXCHANGE

444 Lower Rd  
Gilbertville, MA 01031

#### CONTACT

Steve Gould  
413-477-6913  
manager.hfcx@comcast.net  
hardeickfarmers.net

Find us on Facebook and Instagram

#### BRICK & MORTAR

EGGS | HONEY | COFFEE | MAPLE  
CHEESE | GOAT CHEESE | SPECIALTY CROPS  
CHRISTMAS TREES | HAY | FLOWERS

A supply Co-Op owned by 2700 members, open to the public featuring a full lawn and garden nursery, livestock feeds, Pet feeds and supplies. We also handle work clothing and boots and a small selection of hardware and farm supplies.

### HILLSIDE HERBALS

30 Wahlstrom Ln  
Jefferson, MA 01522

#### CONTACT

Rachel Ross  
508-847-8615  
rjrcnm@gmail.com  
hillsideherbals.com

Find us on Facebook and Instagram

#### BRICK & MORTAR FARMERS MARKETS

Hillside Herbals is an herbal apothecary. Rachel Ross is a clinical herbalist and women's healthcare specialist. Herbs are either locally grown, mindfully wild harvested or purchased certified organic. Teas, tinctures, herb infused skin care and delectable culinary herbs are created for general use. Consultations are available for individualizing herbal care into one's health care needs. Products are available through farmer markets or during posted hours at 206 Worcester Rd. #35 A, Princeton, Ma. 01541. If you don't see what you may need, all is needed is a phone call!

### MAKER TO MAIN

328 Main St  
Worcester, MA 01608

#### CONTACT

Lynn Cheney  
508-459-9571  
info@makertomain.com  
makertomain.com

Find us on Facebook and Instagram

#### BRICK & MORTAR ONLINE RETAIL STORE WHOLESALE

SPECIALTY CROPS | VEGETABLES | CHEESE  
GOAT CHEESE | EGGS | FRUIT | HONEY  
MAPLE | POULTRY | BEEF | OTHER MEAT  
TURKEY | PORK | MILK | GOAT MILK | PRESERVES  
BAKED GOODS | WINE/BEER/CIDER | FLOWERS

Downtown Worcester's First Local Food Market; we've aggregated local food since 2012. Maker to Main (formerly Lettuce Be Local) is bursting with carefully curated local food, craft beer, wine and goods from over 150 local growers, brewers, farmers and makers. The retail store is open daily and wholesale delivery is available every week, year round.

#### SNAP, HIP



TOP TO BOTTOM  
FRESH OUT THE OVEN! ROSE 32 BREAD; OWNERS OF RAGGED HILL CIDER ENJOYING A GLASS OF CIDER IN THEIR ORCHARD.

### MRS. MORICONI'S ICE CREAM

38 Harlow Street  
Worcester, MA 01605

#### CONTACT

Julia Moriconi  
508-373-2461  
mrs.moriconis.ltd@gmail.com  
mrsmoriconis.com

Find us on Facebook and Instagram

#### BRICK & MORTAR FARMERS MARKETS

Chef crafted ice cream. Local dairy from grass fed Jersey cows. Made and hand packed at an approved facility.

### NOMS EATERY

25 Francis St  
Worcester, MA 01606

#### CONTACT

Jennifer Palazzo  
nomsworcester@gmail.com  
nomseatory.com

Find us on Facebook and Instagram

#### FARMERS MARKETS

Noms Eatery is a food service that provide catering & personal chef. They also are doing pop up events around Massachusetts. They believe in offering their customers the high quality and fresh products that made from scratch that nourish their bodies and satisfy their hunger for delicious food. NOMS seasonal menu offers a variety of farm to table samples including plenty vegetarian and gluten free options. They are working their way to own their dream cafe & market in Massachusetts where they will also sell their homemade and local products.

### PEPPERS ARTFUL EVENTS

43 Hudson St  
Northborough, MA 01532

#### CONTACT

John Lawrence  
508-393-6844  
EventInquiry@peppersartfulevents.com  
peppersartfulevents.com  
Find us on Facebook and Instagram

Peppers Artful Events is a full service catering and events company located in Northborough, MA. Peppers is a certified green caterer and specializes in custom catering utilizing locally sourced ingredients. In addition to catering, peppers provides cakes/desserts, floral design, and bar services.

### RAGGED HILL CIDER CO.

94 John Gilbert Rd  
West Brookfield, MA 01585

#### CONTACT

Anne Garwood-Hamp  
415-405-5215  
anne@raggedhillcider.com  
raggedhillcider.com

Find us on Facebook and Instagram

#### FARMERS MARKETS WHOLESALE ONLINE WINE/BEER/CIDER

Ragged Hill Cider Company is hand-crafting heritage style hard ciders from apples that we grow, press, ferment and bottle at our 100% solar powered scenic hilltop orchard. Our passion is creating artisan ciders that are a true expression of the apples and the place where they are grown. Please come visit our Orchard Tasting Room or check our website for a list of Farmer's Markets and local retailers that carry our delicious ciders!

### REDEMPTION ROCK BREWERY CO

333 Shrewsbury St  
Worcester, MA 01604

#### CONTACT

Danielle Babineau  
redemptionrock.beer  
Find us on Facebook and Instagram

#### BRICK & MORTAR WINE/BEER/CIDER

Craft brewery, taproom and cafe.

### REGIONAL ENVIRONMENTAL COUNCIL

9 Castle St #1  
Worcester, MA 01610

#### CONTACT

508-799-9139  
farmersmarket@recworcester.org  
recworcester.org  
Find us on Facebook and Instagram

#### FARMERS MARKETS

VEGETABLES | FRUIT | SPECIALTY CROPS | PRESERVES | EGGS | GOAT CHEESE | CHEESE | HONEY | MAPLE BAKED GOODS | SPRING STARTS

Regional Environmental Council is a food justice organization in Main South Worcester. We commit to creating access to healthy, affordable and local food to all. Our markets are inclusive and aim to reach all communities. We host local farmers at our farmers markets, and we carry local produce on our mobile farmers market.

#### SNAP, HIP, SENIOR COUPONS



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commercial inquiry: [tom@blackearthcompost.com](mailto:tom@blackearthcompost.com)

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### ROOT AND PRESS

623 Chandler St  
Worcester, MA 01602

**CONTACT**  
Richard Collins  
978-870-5429  
[rootandpress@gmail.com](mailto:rootandpress@gmail.com)  
[rootandpress.com](http://rootandpress.com)  
Find us on Facebook and Instagram

#### MAPLE | BAKED GOODS

We are a cafe bookstore with a full espresso bar, full breakfast, and lunch menu.

### ROSE 32 BREAD

412 Main St  
Gilbertville, MA 01031

**CONTACT**  
Cindy Mitchell  
413-477-9930  
[info@rose32bread.com](mailto:info@rose32bread.com)  
[rose32bread.com](http://rose32bread.com)

#### BAKED GOODS

Bakery/cafe specializing in artisan bread baked in a wood fired oven, European and American pastries all made by hand and from scratch. Breakfast and lunch Thursday through Sunday. Cozy dining room and sunny patio seating. Our wheat is locally grown in Hardwick, organic, and milled in-house!

### SALEM CROSS INN

260 West Main St  
West Brookfield, MA 1585

**CONTACT**  
Martha Salem-Leasca  
5088672345  
[www.salemcrossinn.com](http://www.salemcrossinn.com)  
Find us on Facebook and Instagram

#### BRICK & MORTAR

A family-owned and operated restaurant that supports local agriculture by cooking and enhancing our fresh and delicious food using ingredients grown by local farms and by growing our own herbs and vegetables. Our Polled Hereford and Black Angus Beef cows are also raised right here in our "back yard". We take great pleasure in providing our guests with a tasty and satisfying meal. Visit us in our Main Dining Room Tuesday-Sunday or our Hexmark Tavern Tuesday-Friday evenings.

### SAVOUR THE THYME CATERING

29 Browning Rd  
Shrewsbury, MA 01545

**CONTACT**  
Aaron Detrick  
508-319-1809  
[Aaron@SavourTheThymeCatering.com](mailto:Aaron@SavourTheThymeCatering.com)  
[savourthymecatering.com](http://savourthymecatering.com)  
Find us on Facebook

#### ONLINE

A small family run catering company focused on from scratch, clean and locally sourced ingredients served to you in a sustainable way. We offer meals that fit your event needs, whether it be lunch boxes, breakfast or a buffet dinner. Please let us help with your next event.

### TIMBERYARD BREWING COMPANY

555 E Main St  
East Brookfield, MA 01515

**CONTACT**  
Matthew Zarif  
413-552-6048  
[info@timberyardbrewing.com](mailto:info@timberyardbrewing.com)  
[timberyardbrewing.com](http://timberyardbrewing.com)  
Find us on Facebook and Instagram

#### BRICK & MORTAR FARMERS MARKETS WINE/BEER/CIDER

New England Craft Brewery and Taproom built in a historic lumberyard, featuring a variety of house-made beers, non-alcoholic options, and a full kitchen menu with locally sourced ingredients. Family-friendly atmosphere with live music on the weekends. Special events and pop-up shops, and Farmers Markets throughout the year.

### TIPTOP COUNTRY STORE

8 Central St  
Brookfield, MA 01506

**CONTACT**  
Sarah Heller  
508-867-0460  
[tiptopbrookfield@icloud.com](mailto:tiptopbrookfield@icloud.com)  
[tiptoponline.us](http://tiptoponline.us)

Find us on Facebook and Instagram

#### BRICK & MORTAR ONLINE

**VEGETABLES | FRUIT | SPECIALTY CROPS EGGS | BEEF | PORK | POULTRY | MILK CHEESE | GOAT CHEESE | HONEY | MAPLE BAKED GOODS | SPRING STARTS**

A general store that is committed fair trade and local, donating 1% to non-profits that nourish the planet. We offer vegan soups and sandwiches; organic fresh produce; local breads, eggs, meat, maple syrup and honey; groceries; bulk foods and unique gifts.

#### SNAP, HIP

### WORCESTER COUNTY CONSERVATION DISTRICT

52 Boyden Rd  
Holden, MA 01520

**CONTACT**  
Lisa Trotto  
508-829-4477 x5  
[lisa.trotto@ma.usda.gov](mailto:lisa.trotto@ma.usda.gov)  
[WorcesterConservation.org](http://WorcesterConservation.org)

WCCD serves homeowners and farmers within Worcester County to improve and instate sustainable conservation practices. Based in education and individualized training, WCCD works to especially uphold soil health through testing and custom soil health management plans.

### WORCESTER COUNTY FOOD BANK

474 Boston Turnpike  
Shrewsbury, MA 01545

**CONTACT**  
Jean McMurray  
[foodbank.org](http://foodbank.org)  
Find us on Facebook and Instagram

A centralized hub for collecting and distributing donations of fresh, frozen and nonperishable food from local farms, grocery stores, community food drives, the Commonwealth and the United States Department of Agriculture. WCFB distributes this food, at no cost, to a network of 115 Partner Agencies. These agencies provide food, at no cost, to 75,000 people in Worcester County who struggle with hunger. WCFB also works with community members and elected officials to advocate for sustainable solutions to hunger.

### WORCESTER FOOD POLICY COUNCIL

474 Boston Turnpike  
Shrewsbury, MA 01545

**CONTACT**  
Casey Burns  
[casey@healthygreaterworcester.org](mailto:casey@healthygreaterworcester.org)  
[worcesterfoodpolicycouncil.org](http://worcesterfoodpolicycouncil.org)  
Find us on Facebook

A coalition of organizations, institutions and community members that work for a sustainable and just food system for all in Worcester through advocacy, education, organizing with our community and building relationship with policymakers. WFPC works at the local, state and federal level with partners from across the Commonwealth.

### WORCESTER REGIONAL FOOD HUB

25 Francis St  
Worcester, MA 01606

**CONTACT**  
Shon Rainford  
508-667-5792  
[info@worcesterfoodhub.org](mailto:info@worcesterfoodhub.org)  
[worcesterfoodhub.org](http://worcesterfoodhub.org)  
Find us on Facebook and Instagram

#### WHOLESALE

**VEGETABLES | FRUIT | PRESERVES SPECIALTY CROPS | EGGS | BEEF PORK | POULTRY | TURKEY | MILK GOAT CHEESE | CHEESE | HONEY MAPLE | WINE/BEER/CIDER BAKED GOODS**

Designed to bolster a robust regional food system, the Worcester Regional Food Hub's mission is to increase local food access and consumption and recruit, retain, and incubate local food entrepreneurs while providing economic development opportunity to marginalized populations, collectively building healthy, sustainable, and just communities.



# NORTH CENTRAL MASSACHUSETTS

## AARONAP CELLARS

28 Carlisle Rd  
Westford, MA 01886

### CONTACT

Noel Powell  
978-501-4495  
info@aaronapcellars.com  
aaronapcellars.com

Find us on Facebook and Instagram

### FARM STAND ONLINE FARMERS MARKETS

#### WINE/BEER/CIDER |

Aaronap Cellars is a boutique microwinery that hand-crafts artisanal wine using grapes grown in Massachusetts. We offer private wine tastings by appointment, find us at local farmers markets, or order online! Yankee ingenuity meets wine!

## CITY COMPOST

66 Graham St Unit 10  
Gardner, MA 01440

### CONTACT

Adam Jankauskas  
978-407-0234  
info@citycompost.com  
citycompost.com

Find us on Facebook and Instagram

### ONLINE

#### COMPOST

Servicing New England, City Compost picks up compostables from homes, office, restaurants, food manufacturers, and zero waste events. The opportunity for composting is everywhere!! We can compost it all! Support the Local Food System through composting to build up the soil rather than have food scraps be thrown away.

## COMMON GROW

203 East St  
Petersham, MA 01366

### CONTACT

Richard Cavanaugh  
978-724-3311  
rich@commongrow.com  
commongrow.com

After nearly twenty-five years of practicing law in Massachusetts, Attorney Richard Cavanaugh established Common Grow, LLC to support those engaged in agricultural and related pursuits by providing individuals, businesses, and organizations with the legal tools and expertise needed to meet current challenges and to plan for the best possible future.

## DEAN'S BEANS COFFEE COMPANY

50 R W Moore Dr  
Orange, MA 01364

### CONTACT

Dean Cycon  
978-544-2002  
support@deansbeans.com  
deansbeans.com

Find us on Facebook and Instagram

### FARMERS MARKETS

#### COFFEE |

All of our specialty coffees are certified organic, fair trade, kosher, and shade-grown. We roast fresh to order in small batches at our beanery in Orange, MA. Our commitment to only purchase shade grown coffees supports healthy environments for coffee growers and protects critical migratory bird habitat. We know that the planting, care, harvesting, and processing of the beans is done in conformity with international standards for the health of the farmer and their environment, as well as the quality of the bean. Each player in our cycle of production and distribution, from farmer to consumer, participates in socially just and environmentally responsible trade.

## GROWING PLACES

325 Lindell Ave.  
Leominster, MA 1453

### CONTACT

Ayn Yeagle  
978-598-3723  
staff@growingplaces.org  
growingplaces.org

### FARMERS MARKETS

#### VEGETABLES

A grassroots non-profit serving the North Central MA region that seeks to increase equitable food access and support a sustainable environment. We are volunteer driven and support our food system holistically from producers to consumers. We offer a home delivered local produce program, mobile market, manage the Fitchburg and Leominster Farmers Markets and support community gardens. Produce comes from our aeroponic Tower Farm, community gardens and farm.

#### SNAP | HIP

## PEGS PRESERVES

39 Brockelman Rd  
Lancaster, MA 01523

### CONTACT

Peggy Corbett  
pegs\_preserves@yahoo.com

### FARM STAND FARMERS MARKETS

#### PRESERVES | EGGS | HONEY

Peg's Preserves offers jams, jellies, pickles, relish, local raw honey and a wide variety of spices and rubs. Peg does all the canning herself using fruits and vegetable from her own gardens and orchard. 80+ varieties of jams and jellies; including some sugar free flavors. Peg's husband Shawn is the bee keeper, so Peg can offer their own honey- Spring Fruit orchard or fall wildflower all honey is raw and 5 of creamed honey. Shop Peg's products year round at her shop in Lancaster or local farmers markets.

#### SENIOR COUPONS

## QUABOAG VALLEY COMMUNITY DEVELOPMENT CORPORATION

23 W Main St # 1  
Ware, MA 01082

### CONTACT

Sheila Cuddy  
413-967-3001  
sheila@qvcdc.org  
qvcdc.org  
Find us on Facebook

Quaboag Valley Community Development Corporation is a nonprofit organization providing Business Development Services and financing to entrepreneurs and small businesses (including farms). Our services include business computer skills training (Excel, Word, QuickBooks for Farmers, and more), business development services (legal, accounting, business planning, websites, and more) and loans for small businesses that do not qualify for conventional financing (\$500-\$100,000). Many of our services are available at low or no cost (eligibility requirements apply). Visit our website to learn more!

## SMOKESTACK ROASTERS

39 Massachusetts Ave  
Lunenburg, MA 01462

### CONTACT

Jaclynn Nicoll  
978-403-0069  
info@smokestackroasters.com  
smokestackroasters.com

Find us on Facebook and Instagram

### WHOLESALE ONLINE

#### BAKED GOODS

Organic, fair trade coffee is hand roasted daily in Lunenburg, MA. We also serve loose leaf teas and locally made pastries and chocolates. We are passionate about roasting and guarantee our coffees and teas are some of the freshest and finest around. We purchase from organizations that are dedicated to sustainability, fair practices and environmental responsibility.

## THE COUNTRY STORE

2 N Main St  
Petersham, MA 01366

### CONTACT

Ari & Jeanneane Pugliese  
978-724-0001  
petershamstore@gmail.com  
petershamstore.com  
Find us on Facebook

### FARMERS MARKET FARM STAND

#### FIBER PRODUCTS

Built in the 1840's, this beautiful and historic store offers a wide variety of fresh, local, quality products. Chef owned and operated, the store houses a cafe which flaunts healthy goodness and flavor. Breakfast and lunch offerings are made with all-natural eggs, cheeses, meats and vegetables. Many products straight from local farms couldn't be fresher! Take-n-bake pizzas, pastas, salads and other meals to go are all house-made by our chefs and ready to heat and eat! Local, handmade and fair-trade gifts are sold as well.

## THE KITCHEN GARDEN

268 Baldwinville Rd  
Templeton, MA 01468

### CONTACT

Joyce Dossett  
978-939-8558  
thekitchengarden@verizon.net  
templetonkitchgarden.com

Find us on Facebook

### BRICK & MORTAR, RETAIL STORE

#### BAKED GOODS | CHEESE | COFFEE

#### EGGS | FRUIT | MAPLE

#### HONEY | MILK | PRESERVES

#### VEGETABLES | CHRISTMAS TREES

The Kitchen Garden is a family owned and operated country store. Locally produced cheeses, milk, maple syrup, and honey, can be found here year round. In our kitchen, we bake daily Finnish coffee bread, pies, breads, muffins, and more. Browse our book shelves; check out our gifts. Seasonally we carry fresh local produce, plants, apples, cider, pumpkins, trees and wreaths. Our ice cream shop is open from May to September. The coffee pot is always on!



PHOTOS: REGIONAL ENVIRONMENTAL COUNCIL PATRONS AND VOLUNTEERS ENJOY PRODUCE AND COMMUNITY AT THE REC TENT



# SOUTH CENTRAL MASSACHUSETTS

## DANIELS FARMSTEAD

286 Mendon St  
Blackstone, MA 01504

### CONTACT

Justine Brewer  
508-726-2042  
justine@southwickszoo.com  
danielsfarmstead.org

Find us on Facebook

### FARM STAND FARMERS MARKETS

VEGETABLES | SPECIALTY CROPS  
EGGS | BEEF | PORK | POULTRY  
HONEY | BAKED GOODS  
FLOWERS | COMPOST

Historic property, listed on National Register of Historic Places as Southwick-Daniels Farm. Organic garden, Farmer's Market every Sunday, July 4 - October 3, 2021, 11am-2pm. Tours, walking trails, grill open for lunch, 11:30 - 1:30. Visit website for special events.

SNAP | HIP | SENIOR COUPONS

## THE ROSE ROOM

4 E Main St  
Webster, MA 01570

### CONTACT

Jess Sabine  
508-461-5344  
jess@theroseromcafe.com  
theroseromcafe.com

Find us on Facebook and Instagram

### BRICK & MORTAR

VEGETABLES | FRUIT | EGGS  
MILK | CHEESE | HONEY | MAPLE  
BAKED GOODS | BEDDING PLANTS

The Rose Room features a seasonally inspired breakfast and lunch menu, specialty coffee, and house-made sodas, shrubs, and tonics. We strive to create a sense of community and to connect our guests with local foods and artisans. We source all that we can from farms in our area. A cozy, family operated cafe, we hope you come enjoy a bite to eat soon!

## TOWN OF AUBURN

15 Upland St  
Auburn, MA 01501

### CONTACT

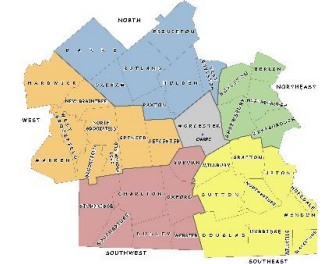
Kristen Pappas  
508-954-5484  
Kpappas@town.auburn.ma.us  
Auburnguide.com

### FARMERS MARKETS

VEGETABLES | FRUIT | SPECIALTY CROPS  
PRESERVES | EGGS | BEEF  
PORK | MILK | GOAT CHEESE  
CHEESE | HONEY | MAPLE  
BAKED GOODS | FLOWERS

We are a local Farmers and Cultural Market in Auburn Mass, with great local Farms and live entertainment every Thursday evening June to the end of August.

SNAP



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[www.cmrpc.org](http://www.cmrpc.org)



## COMMUNITY FARMERS MARKETS

June 14 - November 6th excluding Holidays

### Beaver Brook Park

Mondays and Fridays  
9am - 12pm

306 Chandler St, Worcester, MA 01602

### University Park

Saturdays  
9am - 12pm

965 Main St, Worcester, MA 01610

**Our Farmers Markets accept SNAP, HIP, WIC, and Senior Coupons**

Find us at [www.recworchester.org](http://www.recworchester.org)







**Quaboag Valley Community Development Corporation**  
 & Business Assistance Corporation

23 West Main Street, Ware, Massachusetts 01082

## QuickBooks for Farmers



- Class size limited to 6 / Highly interactive and hands-on
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- Financial assistance is available to qualified participants

Call 413-967-3001 or visit us online at [qvcdc.org](http://qvcdc.org) to learn more about our computer training as well as our business development services.



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 FITCHBURG, MA

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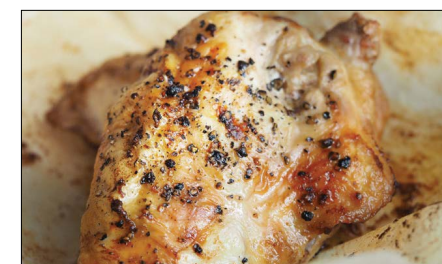
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New Braintree, MA 01531

Visit Matt  
 on social  
 for updates,  
 hours, and  
 more!



@farmermattwb



@matthewkoziol



Order online at  
[farmermatt.clickandcollection.com](http://farmermatt.clickandcollection.com)



# CENTRAL MASS FARMERS MARKETS

TOWN	WHERE	DAY	TIME	MONTHS
Ashburnham	Meeting House Hill	Last Saturdays	10AM—1PM	June—Oct
Athol	1551 Main St.	Saturday	9AM—12PM	May—Oct
Barre	30 Park St.	Saturday	9AM—12:30PM	May—Oct
Blackstone	286 Mendon St.	Sunday	11AM—2PM	July—Oct
Fitchburg <i>Growing Places</i>	610 Boulder Ave.	Thursday	3—6PM	June—Oct
Grafton	Town Common	Wednesday	2PM—6PM	June—Oct
Hardwick	Town Common	Sunday	11AM—2PM	June—Oct
Holden	1174 Main St.	Tuesday	3—6:30PM	May—Oct
Leicester	1230 Main St.	Saturday	9AM—2PM	June—Oct
Leominster <i>Growing Places</i>	25 West St.	Saturday	9AM—1PM	May—Oct
Lunenburg	960 Mass Ave.	Sunday	10AM— 12:30 PM	June—Oct
Lunenburg	1410 Lancaster Ave	Sunday	11AM—5PM	June—Oct
Milford	66 Dilla St.	Saturday	9AM—1PM	June—Oct
Petersham	Town Common	Friday	3—6:30PM	June—Oct
Shrewsbury	98 Maple Ave.	Wednesday	2:30—6:30PM	June—Oct
Southbridge	942 Main St.	Saturday	10AM—2PM	May—Oct
Sterling	1 Park St.	Friday	3—6:30PM	May—Oct
Sturbridge	Town Common	Sunday	10AM—2PM	June—Sept
West Brookfield	Town Common	Wednesday	3—6PM	June—Oct
Westborough	57 W. Main St.	Thursday	2—6PM	June—Sept
Westminster	Academy Hill	Friday	3—6PM	May—Oct
Worcester <i>Beaver Brook</i>	306 Chandler St.	Mon & Fri	9AM—12PM	June—Oct
Worcester <i>Common Oval</i>	455 Main St.	Thursday	11AM—2PM	June—Aug
Worcester <i>Umass Lake Ave</i>	55 Lake Ave.	Tuesday	12—5PM	June—Oct
Worcester <i>University Park</i>	965 Main St.	Saturday	9AM—1PM	June—Oct

